Wellesley Veston MAGAZINE

summer 2015





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correction (winter 2014/2015)

In the article **A Scouting Tale**, the national organization of the Girl Scouts was referred to as Girl Scouts of America. The correct name is Girl Scouts of the USA.



cover Bright and bubbly summer days bring out the best in all of us.

WellesleyWeston



PHOTOGRAPHY



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DO YOU HAVE AN IDEA FOR A STORY you'd like to see featured in *WellesleyWeston Magazine?* Submit your ideas to editor@wellesleywestonmagazine.com, or via mail to: *WellesleyWeston Magazine*, 5 Vane Street, Wellesley, MA 02482. Please include your name, address, and email contact information with your correspondence.



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publisher's letter



BETH FURMAN beth@wellesleywestonmagazine.com this issue marks the tenth anniversary of *WellesleyWeston Magazine*, and what a terrific ten years it has been. It seems like just yesterday when I sat down to write my very first Publisher's Letter where I told the story of how the magazine came to be and highlighted my vision and goals for the magazine going forward.

The first goal was that the magazine should reflect the cultural, educational, economic, civic, and historical values of Wellesley and Weston. The current issue is a perfect example of how we have been achieving this goal over the last decade. We feature articles on the Commonwealth Shakespeare Company at Babson College and the AFS program in our high schools. We also talk with the president and CEO of Boston Medical Center and meet a successful Weston clothing designer.

The rich history of our towns is always an interesting and popular topic and local historians Pam Fox and Beth Hinchliffe have been wonderful contributors throughout the years. Pam Fox's article in this issue gives us an inside look at the fascinating exhibit on Weston's fire, police, and public works departments recently sponsored by the Weston Historical Society.

My second major goal for the magazine was to strive for beautifully presented and thoughtfully written articles that are relevant and entertaining, supported by stunning photography and graphics, all provided by local artists and writers. I can't tell you how many times I hear "your magazine is so beautiful."

I'd like to first thank Jill Nilsen for directing our editorial content. Her cogent editorial lineups are always fresh, informative, and reflect the pulse of the community. She hires and oversees a talented pool of freelance writers that continues to evolve and grow. What's more, I know I can always count on her in a pinch and everything is always perfect and ready to go at press time.

I'd also like to thank Creative Director Peter Baker whose eye-catching covers, as well as his overall vision for the magazine, continue to impress. Also Art Director Troy Santi and Production Director Sharon Peck who work their magic with each and every issue. And thank you to our local writers, photographers, and graphic designers whose contributions are always enjoyed and appreciated.

Of course, the last ten years would not have been possible without our loyal advertisers, and many of you have been with us from the very beginning. Thank you for your support and for believing in us, and thank you to our sales team for creating and maintaining relationships with local businesses throughout the years. Finally, thank you to my friends and family who have helped me along the way. Here's to the next ten years!



WellesleyWeston Magazine's blog is the talk of the towns with the latest event photos, calendar listings, and conversations for the people who make things happen in Wellesley and Weston. Log on today and you might see yourself in our expanded About Town and Inbox section. Post a comment by going directly to **wwmblog.com** or visit our Web site at **www.wellesleywestonmagazine.com** and click on About Town or wwmblog.

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letter



JILL NILSEN jill@wellesleywestonmagazine.com at a business event a few years ago, one of the guests at our dinner table suggested as a conversation starter that we all take turns and describe our first job out of college. Most of us were baby boomers of a similar vintage, and we all entered the workforce during a deep recession. My husband's recounting of his first job got the most laughs (a story for another day) and, all in all, there were some pretty good tales to be told. What struck me the most, though, was that only one of the ten people (an attorney) is still doing what he set out to do after college.

Today's "Millennials" are also having a tough time finding meaningful and lucrative employment upon graduation from college, and writer Elizabeth Suneby explores this topic in her article in this issue titled "Landing That Elusive First Job Out of College." The five recent college graduates she interviewed, however, seem to be an exception to today's norm. These bright young people who grew up in Wellesley and Weston are incredibly focused and have combined hard work with internships, networking, and patience to land jobs that fit into their desired career path.

My job today is much different than the one I envisioned for myself after graduating from college. My goal was to own my own advertising agency one day or at least run one. Instead, I went from event planner, to copywriter, to full-time mom, to part-time writer, to editor of this great magazine. I can't believe it's been ten years since Beth Furman and I first met for coffee at the Starbucks in Wellesley. It has been a wonderful experience, and I can still honestly say that I love what I do. Thank you, Beth, for giving me this opportunity.

Throughout the last decade I have made new friends, met incredibly interesting people, challenged myself professionally, and felt a sense of pride and accomplishment when each and every issue is published. My built-in cabinets are filled to the brim with more than forty issues, and, yes, I still go back and reread articles. I'd like to thank the talented group of freelance writers who I am privileged to work with and learn so much from with every issue and our longtime proofreaders/copy editors Martha Proctor and Lauren Wetherbee. I'd also like to thank Peter Baker, Troy Santi, Sharon Peck, our sales team, and all of our loyal advertisers.

I'd especially like to thank you, our faithful readers, who enrich the editorial content with ideas, accomplishments, and opinions. I love the emails and phone calls I receive with story ideas that fulfill our vision of a magazine about and for the people who live and work in our towns.

The past decade has been wonderful and, judging from my photo, I haven't aged at all. Enjoy the summer!

tu

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the green scene

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RUTH FURMAN writer

ahh...summer, and the start of outdoor living. Just a few weedy areas to clear before lighting the barbecue, and you can relax. The cleanup is finished and then the itchy rash breaks out. The diagnosis is allergenic dermatitis caused by our very own native, poison ivy, *Toxicodendron radicans*, a fate suffered by many of us. To add insult to injury, you don't recall seeing it. And, when you go back to look for it, you most likely can't find it. Quite the clever plant!

This innocuous plant can be found nestling under shrubs, co-mingling with



the ground cover, or climbing high overhead; it's an inveterate masquerader and thus easily overlooked. Botanically, poison ivy is a deciduous woody vine that can grow to a lofty 50 feet, but if there is no support it will happily scramble over the ground. It can also become shrubby, a form most often found along our coastal beaches, as it's salt tolerant. But regardless of its form, the branching habit is always distinctively horizontal.

Beware the Masquerader

The compound glossy green foliage is, unusually for a vine, comprised of three leaflets; the middle leaflet has a long stalk while the two side leaflets have very short stalks and the space between them is reddish. All are approximately two to three inches and can be smooth, lobed, or serrated. This characteristic of differently shaped leaves is called "polymorphism." The old adage "leaves of three, let them be" is good to heed, as poison ivy *always* has three leaflets. The young spring growth has a reddish tinge with greenish yellow flowers appearing mid-spring, followed in the fall by, only on female plants, clusters of whitish berries. Another distinguish-

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Poison Ivy

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ing characteristic is that on mature climbing plants the stems become hairy or covered in what is known botanically as "aerial roots."

Birds and deer eat the berries, distributing the seeds, and poison ivy's rhizomes, creeping underground stems, can also take root. Basically, this is one tough and determined plant.

Another native that has the ubiquitous leaves of three is poison oak, *Toxicodendron diversiloba*, which can grow as a vine or shrub, never, as the name misleadingly suggests, as a tree. But the compound leaves have a distinct oak look and seedlings can easily be mistaken for small oaks. Like poison ivy, poison oak can climb and can also be a masquerader, but fortunately it is much less common here then out west. Neither poison ivy nor oak is particular to where it will grow — sun/shade, moist/dry — in short, both are quite adaptable. I've certainly seen poison ivy in public parks, on golf courses, and throughout campuses around the area, where it is much more common than poison oak.

The last in our toxic series is poison sumac, *Toxicodendron vernix*, a native deciduous shrub found in moist, wet places; so if you hike around



POISON OAK: DWIGHTS/DREAMSTIME.COM

the ponds and waterways you are likely to find it. It has compound leaves with five to thirteen leaflets — a distinctly different arrangement than the ivy or oak — and it grows to about twenty feet, with inconspicuous flowers in spring and berries in the fall. All three of these natives produce wonderful fall colors and berries that support wildlife.

All parts (roots, stems, leaves) of poison ivy, oak, and sumac are poisonous, containing a potent sap, urushiol, which causes the irritation no matter what the season. Always wear protective clothing and wash it immediately as the urushiol stays viable for years. If you are susceptible, and there is no advantage to finding out by experience, there is no known cure.

Remember, leaves of three, let them be. Make this your mantra for summer and beyond. Careful gardening!

RUTH FURMAN is a Massachusetts Certified Horticulturist (MCH). She trained in horticulture in England and spent many happy years working and gardening there. To reach Ms. Furman, email her at: Ruth@wellesleywestonmagazine.com.

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10 tips for...

PAIGE MARINO writer

PREPPING YOUR HOME FOR SUMMER

Finally, summer has arrived and it's time to add some flair to your home décor and outdoor spaces. Our tips will help you combine style with practicality for updated, cool, and comfortable summer living.

One Keep fresh flowers

Nothing says summer like a beautiful bouquet of fresh cut flowers. Not only will they add color and creativity to your home, but the inviting scent will also be a constant reminder that summer has arrived. A vase full of deep coral dahlias or perfectly pink peonies makes a statement and welcomes your guests as soon as they walk through the door. Think about establishing your own cutting garden with perennials that will enhance your outside and inside spaces year after year.

two Switch to lighter fabrics

Catherine Skaletsky of Catherine & McClure Interiors says that summer is all about being light and bright. "It's a long, long winter in New England," she says, "so bring in the light and airy and leave the heavy and dreary behind." Toss aside blankets, dark rugs, and heavy fabrics and switch to lighter, cooler textures like breezy linens and soft cottons. Mollie Johnson of Mollie Johnson



Interiors suggests that if you have a chair that needs a facelift, try re-covering it in a neutral linen with contrasting cream cording. She also suggests replacing last year's towels with new, monogrammed ones and investing in crisp, white sheets for the bedrooms. Sisal runners are a great addition to the kitchen or mudroom to add texture and a relaxed feel reminiscent of a beach cottage.

three Let in the fresh air

Welcome summer by filling your home with fresh air. Swap out your heavy drapes for some gauze, linen, or even flowing chiffon window treatments and keep your windows open as often as you can. Studies show that fresh air helps people sleep better, so you can be well rested even after a day full of summer activities. Elizabeth Swartz of Elizabeth Swartz Interiors advises to have windows professionally cleaned at the beginning of the season in order to let the sunshine in on beautiful summer days.

tour Unclutter and rearrange

Elizabeth Swartz also suggests shifting around furniture to make the most of the summer months. "During the colder months we tend to arrange ourselves around the fireplace, television, or other interior spaces. For the warmer months I like to consider rearranging the orientation of the furniture and furnishings to the outdoors — our decks, porches, and beautifully landscaped yards."

TIVE Embrace the gloss

Catherine Skaletsky encourages clients to paint walls with high gloss paint to revitalize and add life to their homes. "For years it was flat walls, but now we go glossy," she says. "Higher gloss on trims and a nice sheen on the walls can really give the room a boost and give your color some depth and sparkle."

SIX Add a splash of color

Changing color schemes is one of the easiest ways to get your home ready for summer. Embrace the hues of the

20



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10 tips (CONTINUED)-

season by transitioning to a bright blue, teal, or lime green color set. Mollie Johnson says that a small change like adding pops of color to a family room sofa with bright, fun pillows will make a big impression and instantly add a cheerful mood to your home. She also suggests buying new linen napkins in "a favorite bright or pastel color ... corals or orange, turquoise or robin's egg blue. Whatever colors make you happy."

Seven Try out your green thumb

Use this summer to revamp or revisit your garden and try growing your own vegetables. Some common vegeta-

bles to grow during June are cucumbers and corn, while peppers and green beans grow well in July.





And don't forget the red, juicy, delicious tomatoes of late summer. For a fragrant and easy option, consider an herb garden right outside your kitchen door. Fresh basil, mint, thyme, rosemary, and chives are simple to grow and will enhance your summer recipes.

eight Make sure all systems are go Before summer heats up, it's important to ensure that your air conditioning units, sprinkler systems, and outside water faucets are working properly. Schedule appointments in the spring, as summer maintenance schedules fill up quickly. If there are any issues, you'll be grateful if you catch them early, before you break into a sweat trying to find an air conditioning repair person, along with the rest of your neighbors on a sweltering 95-degree day.

nine Heat up the fire pit A warm fire pit on a brisk night is a great setting for some family fun. Use your fire pit to keep guests cozy and add some ambiance. Outdoor throw pillows with floral or wave designs will keep your guests comfortable and relaxed. Your friends will certainly remember an evening spent roasting

marshmallows while seated in classic wooden armchairs. You can also add a little sage to your fire pit to keep mosquitos and other bugs away.

CCN Get ready to grill

Cookouts are the perfect way to invite family and friends to your home. Make sure your grill is working properly and schedule a deep cleaning for better tasting food. Visit www.MrGrill.net for a list of services. Use bold serving trays for your sizzling steaks and sumptuous swordfish and decorated Mason jars for those indulgent summer beverages. Mollie Johnson says it's always a good idea to have a plastic folding table on hand for impromptu summer cookouts with friends. "Throw on a fun tablecloth and you're ready to have a party. With your new napkins, of course."



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DAN K. GORDON Landscape Architects

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Elizabeth Swartz, ASID was featured in the Spring 2015 issue of Better Homes & Gardens "It's All About the Blues," highlighting a Scandinavian



inspired blue kitchen on Martha's Vineyard. The kitchen offers efficiency and charm and evokes the homeowner's personality. Elizabeth Swartz Interiors is a Boston based interior design firm specializing in residen-

tial interior design with a repertoire of projects ranging from traditional to modern. The firm was recently presented with a 2015 Best of Houzz Design Award.



at Dayton Home will be in place through June, with artists bringing in new art periodically. Dayton Home also welcomed new candle lines by Ebb and Flow and Thompson Ferrier to the store for

The Copley Artists

spring that offer luxury scents and bright colors for gifting and sprucing up spaces. Also check out their selection of Dogeared necklaces for Mothers Day or Graduation gifts.

The Nada Sawaya handbag is the newest addition to the IMPULSE showroom. Exquisitely handcrafted in Italy using exotic skins and laser cut leathers, the collection melds timeless style with modern sensibility. It is the simplicity of the design and the beauty of materials that complement any woman's personal style and wardrobe. Receive 20 percent off the Nada Sawaya spring collection June 1-30. Visit IMPULSE at 180 Linden Street in Wellesley and online at www.trustyourimpulse.com. Or call 781.416.1800.

Emma Weiler has been appointed as the Childrens Services Supervisor at the Wellesley Free Library (WFL). Emma comes to WFL after three years as head of Youth Services at the Flint Memorial Library in North Reading. Prior to that, she worked at the Cambridge and Brookline Public Libraries. Emma replaces Farouqua Abuzeit, who moved on to an administrative position at the Boston Public Library after four years as Children's Services Supervisor in Wellesley.



ARID | Newton-Wellesley® Dental Specialty Group in Linden Square is proud to announce that the Board of Trustees of The American Academy of Implant Dentistry (AAID®) has appointed Dr. Touradj Ameli to a second

three-year term on the Admissions and Credentials (A&C) Committee. Dr. Ameli is on the faculty of Harvard University and is among only 35 prosthodontists in the world to have earned board certification in both prosthodontics and implant dentistry. For an appointment, please call 781.237.1190 and visit aridnw.com.

Forever Young Laser of Wellesley is introducing two novel fillers which recreate cheeks and eradicate the cursed "smokers' lines." Juvederm's Voluma has unique properties which plump and lift cheeks to recreate the heartshaped face of the young. And Restylane's

Silk finally provides a solution for vertical lip lines while restoring the smooth defined shape of the upper lip. Call 781.431.2110 for a complimentary consultation.

left to right: Jen Catrambone, Leslie Sabatino, Liz Luongo, Kathryn Russo, Tracy Korby, and Jaz Gregorio



Kathy Kelley, Vice President of Berkshire

Hathaway HomeServices Town & Country,

attended the Berkshire Hathaway HomeServices

recognized with both the Ten Year Legend Award and Chairman's Circle Platinum designation. These awards represent the top one percent achievement among all real estate profession-

als nationwide. In other news, sales agent Erica Lockberg Sullivan has been selected to spearhead the brand's Greater Boston area chapter of the REThink Council that brings together innovative young agents to generate fresh ideas and discuss trends in the local market.

Wellesley Investment Partners (a wholly-owned subsidiary of Wellesley Bank) celebrated their beautiful new space located at 75 Central Street, Wellesley with an open house in February. The evening celebration was attended by over 150 guests, who enjoyed live music by the Mavericks. The new space accommodates the growth of



the firm over the past year. The team has over 150 years of collective investment management experience.

Pinnacle Residential Properties congratulates Teri Adler for her outstanding performance in 2014. For the seventh consecutive year, Teri is Broker of the Year, and her achievements place her among the top realtors in New England. For more information, visit www.teriadler.com or call Teri at 617.306.3642.

Keystone Partners, a Boston-based career management firm co-owned by Wellesley resident Elaine Varelas, announced that they have been named a "2014 Top Places to Work" by The Boston





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left to right: Alex Chen, Mary Beth Mahoney, Louis Crosier, Jeremy Glenn, Matt Johnson, John Biebel, Rich Sipley, Trevor Gailun, Tim Lenicheck, Dawn Baillie, Jeff Oberg

Globe. Each year, *The Boston Globe* spotlights the region's best employers based on surveys completed by the people who know these companies the best — the employees themselves. For more than 25 years, Keystone has worked with organizations in New England and around the world to address their career management and development needs. Visit www.keystonepartners.com.

Professional Photographer, the official journal of Professional Photographers of America, has recently published photographs and an article written by Andrea Joliat of The Family Album. Andrea, who is a Master Photographer and holds certification through the Professional Photographers of America, wrote "Wellspring; Creativity Makes Old Ideas New." The article, along with her photographs, was featured in the magazine's monthly column "Master Class." Visit www.familyalbumphoto.com.

One2One Bodyscapes, located at 386
Washington Street, is celebrating its fifteenth anniversary serving Wellesley and the surrounding communities. Bodyscapes offers one on one personal training in a comfortable, low-key, studio environment. The knowledgeable staff will tailor the workout to fit each client's personal needs.
Wellesley native and owner Jeff Dosdall has over 30 years experience in physical therapy and personal training, and Wellesley resident Tara Downie offers a core-based, back to basics approach. New clients receive two sessions for \$89. Call 781.235.2262.



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Cutting Edge Homes, Inc. was awarded the 2015 Gold CotY Award for Residential Kitchen Renovation over \$150,000 and Silver CotY Award for Residential Exterior Renovation for their beautiful home renovation

in Newton Centre. Presented by the Eastern Massachusetts Chapter of the National Association of the Remodeling Industry (NARI), the Contract of the Year (CotY) Awards recognizes the work of the region's finest remodeling professionals. Cutting Edge Homes is an all-inclusive boutique home renovation and custom building firm. Visit www.ThinkCuttingEdge.com or call 508.435.1280.

Proms, galas, and graduations are just around the corner and clients are lining up at Jesamondo for hair, makeup, mani/pedis, and spa treatments



to look their finest. Appointments can now be booked online 24/7 through their website or by calling directly. Jesamondo proudly sponsors a number of worthy local causes including Jewish Big Brother Big Sister, St. Jude's, WalkMS, and JDRF. Don't forget to refer a friend and you'll receive a \$20 credit toward your next service. Visit www.jesamondo.com or call 508.907.7171.

Matthew Cunningham Landscape Design LLC is proud to share the news that the firm has won two more Gold Awards from the Association of Professional Landscape Designers in their 2015 International Landscape Design Awards Program.

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This announcement is especially meaningful as it signifies their ninth and tenth awards from this organization. Matthew Cunningham is honored that his work can be used in any effort to promote the valuable

contributions that landscape designers make throughout the international design community. See more at www.matthew-cunningham.com.

Hammond Residential Real Estate's Wellesley and Weston offices are proud to sponsor events and support fundraisers connecting individuals in the communities in which we live and work. From



Hammond Performing Arts Series concerts to the Weston Education Enrichment Fund Committee, from the Newton-Wellesley Hospital HopeWalks to the National Point

the esteemed

Foundation, from the Weston 300 celebration to the Community Servings' "Pie in the Sky" fundraiser, Hammond is committed to creating strong community bonds. Visit www.HammondRE.com.

Boston Chinese Acupuncture Clinic has recently moved to a new office suite at 105 Chestnut Street, Unit 36, in Needham. Walk-in consultation is wel-



come. The clinic offers free consultation and a 10 percent discount for the first visit by the end of August, 2015. In other news, **Dr. Li Zheng**, a Wellesley resident, will hold a seminar at the Whole Foods store in Boca Raton, Florida to discuss the benefits of natural foods and acupuncture in management and control of inflammation and allergies. Visit www.bostonchineseacupuncture.com and call 617.817.1910.

Stefco Builders, based in Newton, recently received the Newton Historic Preservation Award for 233 Highland Avenue. This Victorian gambrel style home, located at the top of West Newton hill, was originally built in 1879. Creating balance between old and new is always a challenge and this home is a perfect example of keeping the old look while creating new spaces with all the modern amenities. Visit www.stefcobuilders.com.

Pure Solutions of Weston is proud to announce the expansion of their organic tick and mosquito control services on Cape Cod and Martha's Vineyard. The location is managed by Rory Nickerson, a twelfth generation native of Chatham. For more information, call 781.899.7873 and visit www.puresolutions.com.

Lisa Abeles, Wellesley resident and president of Abeles and Associates Architects, has been made a trustee of the Massachusetts Horticultural Society.



Lisa enjoys incorporating thoughtful landscape into the residential projects of her firm, and does a lot of gardening at her own home. She is particularly interested in the recent initiatives to restore the Elm Bank Manor House and to

expand the Farm to Table program. She is looking forward to collaborating with the exciting group of people that make up the Mass Hort board.

For the third consecutive year that Chris Wyand, LEED AP and owner of Sir Grout of Greater

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Boston, has been in business, the company has been awarded the Angie's List Super Service Award. Chris continues to be grateful for the "repeat business from the loyal and new clients in the area." For more information, please call 781.899.0388 or visit www.sirgroutboston.com.

The Gardisans, a boutique horticulturist service of ZEN Associates, Inc., is pleased to announce that they are now offering their gardening services in the



Jon Russo and Kaitlyn Branon

Weston and Wellesley area. Previously, The Gardisans focused just on the brownstone neighborhoods of Boston. "Planters, perennial beds, and courtyard gardens really need more frequent attention than the typical landscape maintenance provides. Our weekly and biweekly services provide a personal touch that clients have been asking for," says Jon Russo, manager at ZEN. Visit www.zenassociates.com.



Fifteen attorneys from Burns & Levinson, including Weston resident and partner Lisa Cukier, have been named "Top Women Attorneys in Massachusetts" by Super Lawyers. Super Lawyers recognizes outstand-

ing lawyers from more than 70 practice areas who have attained a high-degree of peer recognition and professional achievement. Burns & Levinson also announced that Wellesley resident **Elizabeth Brady Murillo** has been elected as a partner in the Firm's Business Litigation group. For more information, visit www.burnslev.com.

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Haberdashery of New England is introducing a shoe collection by Paul Mayer that offers the comfort, fit, flexibility, and adjustability that you need. If you're looking for feminine, chic, sophisticated, casual, easy, or dressy shoes, be sure to check out the collection. The shoes are handmade in Spain from the finest leathers and fabrics and are available in many different combinations of styles, materials, and colors. Visit Haberdashery at 22 Church Street in Wellesley and see their ad on page 95.

▶ To help adopt what many consider to be the best account in Boston, NB Checking, **Needham Bank** has recently launched a new Switch Portal to make switching banks easier. With this newly added technology and a team of personal bankers ready to help along the way, the process of switching your banking relationship has become much simpler. Needham Bank is located at 458 Washington Street in Wellesley. Member FDIC, Member SIF.



GettiGear, Athletic Apparel for Women, located at 91 Central Street in Wellesley, recently celebrated their second anniversary. Visit the store for new merchandise like Crane & Lion, a fabulous line. In

addition, you'll

find your old favorites including Nancy Rose Performance, MPG, and Prana. GettiGear also carries Oofos sports recovery flip flops, Native sunglasses, and Spibelts for all of your summer activities. Host a private party for your friends at GettiGear and receive special party swag and discounts. After practicing with a firm for 16 years, Attorney Deborah A. Katz of Katz of Katz Legal Group LLC is pleased to announce that she just celebrated her firm's one year anniversary with its location



on Walnut Street in Wellesley. Deborah has enjoyed working closely with local families relative to divorce, probate, and estate planning matters. She is dedicated to helping your family achieve the best

resolution with patience and compassion. For more information, visit www.katzlegalgroupllc.com.

Dover Rug & Home in partnership with ASID-New England presented "The Art of the Weave,"

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a well-attended and family-friendly event at their showroom in Boston. Guests received a rare glimpse into the art form of traditional rug making and textile design. Dover Rug & Home is also pleased to announce "What's New in the Showroom" for early Spring 2015. Gathered at recent expeditions through South Asia and Europe, the rug designs combine textures and materials in unexpected ways. See a preview at www.doverrug.com.



J. Todd Galleries in Wellesley announces new owner Mona Kumar as of February 27, 2015. Mona has worked with the MFA and the Peabody Essex Museum in Salem and is now taking her extensive expe-

rience in the art world to her own business. J. Todd Galleries will maintain their roster of established artists but is always looking to expand and represent the best artists they can find. Her plans include speaking engagements and more artist openings to engage the community.



Meyer & Meyer, Inc. Architecture and Interiors was the recipient of the Bulfinch Award for the Admiral's House in Newton. Under the direction of John I. Meyer, Jr. AIA LEED AP and Laura Brooks Meyer, IIDA Meyer

& Meyer offers comprehensive architectural and interior design services for residential and commercial projects. Their expertise ranges from authentic historical styles to innovative contemporary design. The firm was recently presented with the 2015 Best of Houzz Design Award.

Meredith Bay was honored to receive four awards at the recent Cornerstone Awards recognizing excellence in the building industry. Presented by the New Hampshire Home Builders Association (NHHBA), projects are judged by home builder associations throughout the country. Meredith Bay received the

Gold Award - Best Creative Use of Social Media, Silver Award - Best Interior Merchandising of a Model Townhome, and two Bronze Awards for the Best Single Family Home for a Bungalow and Best Single Family Attached for its Townhomes. Visit www.meredithbaynh.com or call 888.559.4141.

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► The Weston Dads Foundation is proud to announce the creation of Scholarships/Recognition Awards available to those attending Weston Public Schools and all K-12 Weston residents. The purpose of the awards is to encourage exemplary behavior and to recognize and reward excellence in the categories of charity/community service, education, and sportsmanship. The Weston Dads Foundation was established to encourage strong bonds between fathers and children in the community and to enhance dad's role in the life of their children. For more information and to apply online, please visit www.westondads.org.

Gustare Oils & Vinegars has moved. Stop by their new location at 83 Central Street to sample Ultra Premium olive oil from around the world, freshly bottled on-premise. A limited Northern European harvest collection is in stock for the summer, featuring the best olive oils from California and Europe. Their Sweet Summer Trio Gourmet Gift Box makes a great hostess gift for those midsummer cookouts and family gatherings. Visit www.gustareoliveoil.com for recipe inspiration and more. See their ad on page 177.



Interior design firm Jan Luchetti Interiors announced the opening of her new office located at 4ll Boston Post Road in the heart of Weston center. Jan Luchetti combines experience with vision to create distinctive

interiors that reflect her client's individual style and personality. She has been featured in *The Boston Sunday Globe* in 2013, 2014, and 2015. Visit www.janluchetti.com and see her ad on page 185.

▶ Lyn Evans Potpourri Designs will present a fashion show at St. Sebastian's School in Needham on May 19 as part of the annual closing event for the Guild of St. Irene. The store also launched an ecommerce website so that customers can shop all that Lyn Evans has to offer 24/7. New merchandise is added each week, bringing customers the newest trends and fashions of the season. Lyn Evans offers free in-store pick up of online purchases and free shipping over \$75. Visit www.lynevans.com



Jared Wilk, a broker with Benoit Mizner Simon & Co. in Wellesley has been elected a director of the Greater Boston Association of Realtors* (GBAR) for 2015. As a GBAR director, Wilk will serve as an elected representative of the

association's general membership in governing the association's policies, programs, and business activities. A Realtor[®] since 2004, Wilk currently serves on the GBAR Professional Standards Committee and Membership Benefits Committee. Visit www.jaredwilk.com.

Applications are being accepted for **Cushing** Academy's 2015 Summer Session (June 28 - July 31) for students ages 12-18 . Rigorous academics, incredible art instruction, and exciting trips throughout New England round out the 5-week session with students from across the country and around the world. Cushing is located one hour northwest of Boston in Ashburnham, Massachusetts. For more details, visit www.cushing.org/summer.

Roomscapes Luxury Design Center welcomes Michele Lincoln, a talented designer with over 20



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years of experience, to better serve the Wellesley and Weston community. A certified kitchen and bath designer, Michele is known for her creativity and unique designs and is thrilled for the opportunity to work in this area. For more information, visit www.RoomscapesInc.com.

▶ Pine Straw is featuring new apparel lines this summer including G1, Neesh by D.A.R., Hartford, and Nuthatch; as well as old favorites such as CP Shades, Prairie Underground, and Wooden Ships. If you're heading to the Cape or a friend's summer home and need a hostess gift, Pine Straw has a wonderful selection and will even create a personalized gift basket. Summer hours are Monday through Saturday from 10-5, and the store is closed on Sundays. Visit www.pinestrawshopwellesley.com.

Wellesley architect and resident **Jan Gleysteen AIA** was recently named "Best of Houzz" for the third year in a row. His work was awarded in 16



one national ranking. Houzz features thousands of inspirational images from top design professionals across the country. Only their top 3 percent received the honor of being named "Best of Houzz"

categories including

for 2015. For more information please visit www.jangleysteeninc.com or contact Jan Gleysteen Architects, Inc. at 781.431.0080.

Mortgage Equity Partners is a full service residential mortgage lender that operates in Massachusetts, New Hampshire, Maine, and Florida. Their company is in a growth stage and in the last six months they have acquired new offices in Haverhill, Wakefield, and Salem, New Hampshire. The company now has 50 full time employees and is planning on doubling their business year over year in 2015. For more information on Mortgage Equity Partners contact Craig Tanny in the Newton office at 781.309.1805.



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Theo and
Isabella Design
Group just won
an award. New
Hampshire Home
magazine hosted
the second annual
New Hampshire
Home Design
Awards and a farmhouse in Ashland,
New Hampshire

designed by Theo and Isabella principal **D. Scott Bell** won for "Excellence in Historic Renovation." Winners were announced at a gala at the Radisson Hotel in Manchester, New Hampshire. Visit www.theoandisabella.com.

▶ Renjeau Galleries is celebrating over 40 years serving the Boston area. Family owned and operated Renjeau is the source for fine artwork and



Patrick Ahearn has been elected to The College of Fellows of the American Institute of Architects. The Fellowship program was developed to elevate those architects who have made a significant contribution to architecture and society and who have achieved a standard of excellence in the profession. This is certainly a momentous achievement, and one that is truly noteworthy in Patrick's career and trajectory.



quality custom framing. Their selection includes everything from 19th century oil paintings to contemporary abstracts. Visit the gallery to see the "Visions of Summer" show featuring approximately 30 new traditional and contemporary paintings that capture the essence of the season. Renjeau Galleries is located at 79 Worcester Street in Natick. For more information, visit www.renjeau.com.

► Twelve Points Wealth Management recently launched a couple of exciting new ventures to help entrepreneurs and businesses in the MetroWest community. Manny Frangiadakis, AIF*, Wealth Advisor started his new role as financial reporter for Radio Entrepreneurs, a Boston-based radio show and podcast. In addition, Francesca Federico, AIF*, Wealth Advisor hosted an event for future business leaders featuring a panel of local women CEOs. The firm's founders are planning a big event in June to celebrate their 1-year anniversary as Twelve Points Wealth Management. For more information, please visit www.twelvepointswealth.com.

Donna Scott of Coldwell Banker Residential Brokerage, Wellesley office has received the NRT Society of Excellence Award. This prestigious award is presented to the top 1.67 percent of all NRT Coldwell Banker affiliated sales associates nationwide. Her steadfast commitment to her clients and focus on excelling in her professional life sets Donna apart. In addition, the Wellesley office has been named the Number One Coldwell Banker office in New England. The office just celebrated its 24th year as the Number One Real Estate Firm in Wellesley.

Sun Life Financial will again present the **Wellesley** Chamber Golf Open on Monday, July 27 at the Visit wwmblog.com for more Inbox news featuring Boston Wealth Management, Lisa Carusone, Susan Dearborn, Elizabeth Renee Esthetics, Morgan Stanley, Dava Muramatsu, Wellesley Farmer's Market, Wellesley Historical Society, and more.

Wellesley Country Club. Registration and lunch begin at 11:30 am and tee off is at 12:30 pm. For more information, please visit www.WellesleyChamber.org or call 781.235.2446.

The caring team at **Wellesley Dental Group** is excited to welcome pediatric dentist Dr. Van Orenstein. Dr. Orenstein is part of a select group of



exceptional pediatric dentists who have completed an additional degree of recognized excellence in pediatric dentistry. He is a Diplomate of the American Board of Pediatric Dentistry (ABPD), a member of the American

Academy of Pediatric Dentistry (AAPD), the American Dental Association (ADA), the Massachusetts Academy of Pediatric Dentistry (MAPD), and the Massachusetts Dental Society (MDS). Visit www.wellesleydentalgroup.com.

Visit Lux Bond & Green's Wellesley and Boston stores during the months of May, June, and July and enter to win two tickets to a Boston Red Sox game. Drawings will be held bi-monthly. Lux Bond & Green is located at 60 Central Street in Wellesley and 416 Boylston Street in Boston. Visit www.lbgreen.com for more information. WW

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20 SHORE RD, WELLESLEY \$825,000



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WELLESLEY



58 RIDGE HILL FARM, WELLESLEY \$5,775,000

99 WESTCLIFF RD, WESTON

\$7,795,000

i neliti

85 NEWTON ST, WESTON

\$2,995,000

7 CROSS ST, WELLESLEY

\$1.875.000

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PENDING

BELCLARE WELLESLEY



50 TEMPLE RD, WELLESLEY \$2.575.000



115 LOWELL RD, WELLESLEY \$1,795,000



PENDING **55 PARK AVE, WELLESLEY**





THE



103 LIVINGSTON RD, WELLESLEY \$2,550,000



159 MEADOWBROOK RD, DEDHAM \$1,695,000



PENDING 16 S. WOODSIDE, WELLESLEY





56 WINDSOR RD, WELLESLEY \$3,895,000



16 OLD COLONY DR, DOVER \$2.295.000



16 INDIAN SPRINGS, WELLESLEY \$1,595,000



PENDING 20 BOULDER RD. WELLESLEY



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30 BLACK OAK, WESTON \$4,295,000



16 BEECH RD, WESTON \$2,695,000



24 CLAYPIT HILL RD, WAYLAND \$1,375,000



87 LINCOLN RD, WAYLAND \$995,000 **PENDING**

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281 COUNTRY DR, WESTON | \$5,195,000



56 CHESTNUT ST, WESTON | \$3,450,000



22 SEARS RD, WESTON \$3,698,000



82 SUDBURY RD, WESTON \$2,085,000



1 GLEN HOUSE WAY, WESTON \$3,195,000



10 NOBSCOT RD, WESTON \$1,935,000



147 OAK ST, WESTON \$2,995,000



38 BLACK BURNIAN RD, WESTON \$1,895,000



424 GLEN RD, WESTON \$1,799,000 **PENDING**



83 LORING RD, WESTON SOLD

\$ 35,000 \$ \$ \$

3 KINGS GRANT RD, WESTON \$699,000



14 MILLER HILL RD, DOVER SOLD



441 GLEN RD, WESTON \$7,900,000 **PENDING**



167 BEAVER RD, WESTON SOLD



SHERYL SIMON Principal 781.910.3405 sheryl@benoitmiznersimon.com



33 BULLARD RD, WESTON \$4,295,000



90 WESTERLY RD, WESTON \$2,185,000





49 LAWRENCE RD, WESTON | \$4,495,000



7 AUDUBON RD, WESTON \$2,900,000



32 HIGHLAND MEADOWS, WESTON \$1,995,000



90 KINGS GRANT RD, WESTON \$2,750,000



69 CLAYPIT HILL RD, WAYLAND \$1.225.000



92 BEAVER RD, WESTON | \$4,399,000



67 OXBOW RD, WESTON \$2,499,000



5 EMERSON RD, WAYLAND \$467,900



23 WARBLER SPRINGS RD, LINCOLN \$1,549,000 PENDING

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forum

CHERYL LAMEE WRITER

CHERYL LAMEE is Executive Director of The Julie Fund

The Julie Fund for Women's Cancers Charges into its Second Decade

ten years after founding The Julie Fund for Women's Cancers, President Peter McAvinn's resolve is stronger than ever. "We live in Boston, the city with the best medical care in the world, and Julie was completely unaware of the signs of cancer, particularly ovarian cancer." Wellesley resident Julie McAvinn, 40 years old and mother of three small children when she got her diagnosis, noticed so many patients didn't have the support during treatment that she did. She wished for them the same level of support. Together, she and Peter outlined an organization that fights women's cancers in three spaces: education, research, and patient support. The mission of The Julie Fund has remained true for a decade – and its story is one of strength, hope, courage, and selflessness.

Strength

The Julie Fund for Women's Cancers has impacted thousands of lives through its social services – providing rent, mortgage payments, food, transportation, clothing, utilities, and childcare to cancer patients undergoing treatment and experiencing an unexpected financial need. Julie Fund recipient Pat Wheeler knows firsthand the "devastation of a cancer diagnosis. It is completely shocking to both the mind and the spirit. When one person is diagnosed, every person in their family is diagnosed. The Julie Fund's support allowed my husband, who is self-employed, to stay

at home and be the caregiver for me and my two young children, who were three and five years old. Without The Julie Fund, he would not have been able to do that." Now a graduate student, Pat recently took her son with her to a Cancer Walk. At mile four she could tell he was fading and asked him if he wanted to stop. "No, Mommy. You fight every day against your cancer and I want to be a fighter, just like you."

Hope

Half the money raised by The Julie Fund goes directly to research initiatives focused on a cure for women's cancers. All projects are reviewed and endorsed by The Julie Fund's Scientific Advisory Board, led by Wellesley resident Dr. Michael Vasconcelles. The Julie Fund is currently contributing to research led by Dr. Michael Birrer, MD/PhD and Director of Gynecologic Oncology at Massachusetts General Hospital. Dr. Birrer underscores the impact of the chosen research initiatives: "There has been a significant change in what we understand about ovarian cancer and our ability to effectively treat women with ovarian cancer.



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This extends from recent discoveries about where ovarian cancer comes from and some of it is actually coming from the fallopian tube." He values the partnership between The Julie Fund and Mass General/Harvard, noting that clinical trials are much more difficult to fund than research in the lab. "Industry partners, such as The Julie Fund, make this research possible." Birrer continues, "I can say emphatically that The Julie Fund for Women's Cancers is the single largest contributor to ovarian cancer research at Massachusetts General Hospital, providing consistent targeted funding, which has been critical to our contributions in this field."

Courage

Two-time ovarian cancer survivor Bonnie Marinaccio knows firsthand that "cancer can take away my career, my stamina, my memory and so many other things, but it cannot take away my fighting spirit." She remembers her "life changing from one day being financially secure to a world where we were dipping into our savings. That's when The Julie Fund helped me. They paid for a month of my medical insurance." Just like Julie, Bonnie initially didn't even know she was sick with cancer. "I knew I was ill, but thought it was a cold, pneumonia perhaps." Beyond social services and research, The Julie Fund for Women's Cancers is focused on raising awareness of women's cancers. Knowledge is power, and power fuels courage.

Check out The Julie Fund's new awareness piece, The Five Most Prevalent Women's Cancers, at juliefund.org. It details the risk factors as well as the early warning signs of five common women's cancers: breast, ovarian, cervical, uterine, and vaginal/vulvar. Forward it to your loved ones from juliefund.org.

Selflessness

While undergoing treatment in 2003, Julie outlined the mission for The Julie Fund: Funding meaningful research to fight women's cancers, providing money to families battling women's cancers, and increasing awareness. Ten years later, the mission remains exactly the same.



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Shingle Style In an inspired reconsideration of the past, local architects are leading



a renaissance in residential design



PETER GOLDEN writer

some day soon, especially if you've come to the conclusion that your current residence – notwithstanding all the pleasures it has lent you over the years – isn't everything you want it to be, consider taking a leisurely drive around the neighborhoods in Wellesley and Weston you find most attractive. Dreaming comes at no cost, so whether you've come to the point that you're thinking of building a new home or refurbishing one you already own, allow your-self the pleasures of casual consideration. The warm days of summer allow for such skylarking, especially in light of the winter past that by now (hopefully) is but a fading memory.

Keep a sharp eye for homes that appeal immediately to your personal taste. You might also make a note of those you encounter, no matter what their age or design, that represent what the architectural historian and critic Vincent Scully once called "Shingle Style."

How do you know when you've spotted a Shingle Style home? Well, the look confirms the name. Shingle Style is often called "Colonial Revival" for its more than occasional resemblance to the Federal mansions, quaint saltboxes, and cape-style homes reminiscent of 18th and early 19th century New England. "Queen Anne," a later 19th-century architectural style favoring expansive designs also fits within the genre. But however they're conceived, these homes usually favor pronounced gables and inviting clusters of windows with mullions above and clear glass below and yes, even more gables set off by a tower or two.

Wide, shaded porches are also part of the package, along with all those lovely, ubiquitous shingles, often cut from red cedar and covering exterior surfaces in their entirety. The surfaces tend to flow and turn, then turn again, and all the while sporting natural, stained, or painted shingles.

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"Shingle Style homes tend to be unornamented, thus avoiding the abundant detailing that can make an otherwise well thought out home seem busy and even frivolous."

Special Charm

Whether you spot an older home or one of more recent vintage, such residences are invariably possessed of special charm and engaging good looks. Their roots run deep in the vernacular of American residential architecture, yet offer a host of sizes and configurations to suit the most modest or outgoing tastes. When taken together, they suggest the possibility that, no matter whether you buy, build, or revamp a Shingle Style home, the odds are you're going to end up with one you really, really like.

Shingle Style homes tend to be unornamented, thus avoiding the abundant detailing that can make an otherwise well thought out home seem busy and even frivolous. They also have an organic look achieved when stone foundations and naturalized flowerbeds make a home appear to grow out of a landscape. And then there is the ability to reflect a variety of needs and configurations, especially when you decide to have one designed to order by a knowledgeable architect. The wholesale adoption of Shingle Style by architectural superstars long before Vincent Scully named the genre means a fair number should be visible from your car window in Wellesley neighborhoods like Cottage Street and along Weston's older streets.

A host of other factors make Shingle Style homes something special and very much in demand these days. Consider their distinguished pedigree: Such influential 19th-century designers as Andrew Jackson Downing; H.H. Richardson; McKim, Mead & White of Newport fame; and no less a figure than Frank Lloyd Wright all nurtured Shingle Style through its dawning days of glory beginning before the Civil War and stretching on into the Gilded Age and the early 20th century.

If now you're convinced and ready to learn more, some reading and online research might be in order, and you may want to talk to friends about the many wonderful architects with which Wellesley and Weston are so well endowed. Their award-winning portfolios should



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be liberally sprinkled with examples of Shingle Style. Consider at least two or three that come especially well recommended before making your final selection.

Finding a nicely situated lot in Wellesley or Weston may offer serious challenges, of course, but there's more than one way to solve that problem. Think about having a seaside vacation home designed to suit your tastes. So many seekers after the grail of domestic comfort have taken the latter path that the phrase "Coastal Architecture" has become synonymous with Shingle Style.

Livability

Topping the list for Shingle Style is its livability. All sorts of design possibilities present themselves, from cozy inglenooks nestled beside tiled fireplaces to expansive family rooms and private guest wings.

Once built, Shingle Style asks no more than that you exercise your personal taste just about any way you like. Interior furnishings can range from the fresh and uncluttered to the muted colors favored by so

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many of today's designers. But there's also plenty of room (both literally and philosophically) for your beloved collection of antique furniture, case glass lamps, craft pottery, and oriental rugs.

Kids thrive in the airy, adjoining spaces that come so easily with Shingle Style, yet offer all sorts of opportunities for nurseries and playrooms. Looking forward to entertaining more? Why not consider integrating your living room and dining areas into an open kitchen plan, as the Wellesley architect Jan Gleysteen recommends to many of his clients.

Gleysteen has gone so far as to publish a view book to help along the design process. Its vivid pictorial pages allow for a leisurely consideration of options. A master of detail, Gleysteen revels in creating nuanced, precisely designed homes, carefully managing everything from window sashes to patterned roofing shingles. "People naturally gravitate to the charm of Shingle Style," he notes, "so we work with images to help them realize their vision. As concepts clarify, we 'filter' them using design



guides and online resources. The process goes more easily than one might think."

Masterpieces of Understatement

Then again, thoughts of time and cost might lead you to realize your affection for your current home remains strong. In that case it might be time to get in touch with architect Lisa Abeles, whose additions and kitchen designs are masterpieces of understated, charmingly nostalgic comfort. "I love the playfulness [of Shingle Style]," says Abeles, a former member of Wellesley's Historic Commission. "Shingle Style interiors lend themselves to eclecticism, so if an owner is Aesthetic, Reconstructive O Implant Dentistry

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 Image: Comparison of the compariso



"Shingle Style interiors lend themselves to eclecticism, so if an owner is so inclined, they can accommodate a very modern feeling while still maintaining their overall sense of cohesion."

Lisa Abeles / Abeles & Associates Architects, Inc.

so inclined, they can accommodate a very modern feeling while still maintaining their overall sense of cohesion."

Wellesley resident and architect Jacob Lilley thinks of himself as an advocate of "Shingle Style for the rest of us," and a close collaborator with his clients. "I like to look for natural solutions," he says "that are cognizant of site constraints but that comfortably set a home into its surrounding landscape. I think of Shingle Style as a kind of skin that

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Shingle Style

can be wrapped around a structure in an unpretentious way while communicating a unique personality."

Lilley's designs do just that. While often representing homes built on a modest scale on smaller lots, they have a look that grounds them in a past familiar to anyone who knows that screen doors had a particular sound when banged shut and that, during summer vacation, kids on bikes had the run of the neighborhood.

Wellesley resident Patrick Ahearn, who

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works from offices in Boston and Edgartown, designs in multiple idioms, many of which incorporate Shingle Style in whole or part in their design. Like every architect mentioned here, he is the recipient of multiple awards. So whether your taste runs to the traditional, historic, quaint cottage, or repurposed carriage house, Ahearn's well-practiced sensibility represents a unique resource. "Shingle Style brings back the aesthetic and scale of the past," he notes. "It beautifully fulfills the way so many of us want to live. One can blend any number of genres, from Arts & Crafts to Cape Cottage – anything goes. It's fluid, with plenty of latitude to allow for personal taste."

Command of the Idiom

Any number local of practitioners are worthy of note in reviewing contemporary trends in Shingle Style architecture, but one more office absolutely must be mentioned here. Husband and wife team Meyer & Meyer work for both commercial and private clients. With 35 years of know-how and a powerful command of the shingle idiom, they have created coastal cottages to rival those constructed in the Gilded Age. But when Meyer & Meyer design on a reduced scale, they outdo themselves, as the sheltering façade of one of their more diminutive, beautifully realized vacation homes so clearly reveals.

Now, no doubt, it's time to be off: the winding streets and hidden lanes of Wellesley and Weston only reveal their secrets to those who seek them out. There's a renaissance in contemporary Shingle Style architecture to be discovered, accompanied by a coterie of well-aged and no less engaging examples ready to reveal (if only from curbside) their antique charms – and all waiting just around the next corner.



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an interview with kate walsh

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LISA LESLIE HENDERSON writer / BRIAN SMITH photographer

wellesley resident Kate Walsh has one of the toughest, yet most satisfying jobs in Boston. As Boston Medical Center's (BMC) president and CEO, Walsh oversees a large, dynamic, and complex urban medical ecosystem. She took the helm in 2010 during a time of tremendous uncertainty, as health care reform was being enacted and as BMC was on the brink of defaulting on its debt. When BMC selected Walsh, they chose wisely. She brought just the right mix of energy, experience, and entrepreneurial leadership to transform BMC into a top-notch medical center that is well positioned for the future.

Walsh is a positive force, an independent thinker who refuses to believe that health care delivery is a problem for which there is no solution. Rather than being daunted by the challenge in front of her at BMC, Walsh was enthusiastic about the opportunity it presented. Tenures as a senior executive at a biomedical research firm and Mass General and Brigham and Women's hospitals had prepared her well. "It is the ideal job for me — one to which I have always aspired," Walsh explains. BMC is in many ways Boston's hospital. Sixty-seven percent of BMC's patients come from Suffolk County, as do a quarter of its 5,000 employees. It is the region's leading trauma center and its busiest emergency room. In addition to its 482-bed teaching hospital located in the South End, BMC is linked to a network of 14 community health centers located throughout Boston and in Quincy. It is the primary teaching affiliate of the Boston University School of Medicine, for which it trains hundreds of interns and residents every year. It houses a brand new, state-of-the-art Cancer Center. And BMC includes an insurance company that serves over 315,000 customers in Massachusetts and New Hampshire.

What is it about BMC that Walsh finds so appealing? "BMC is actively creating solutions to health care challenges, rather than being part of the problem," Walsh explains. "It is an honor to work with amazing people toward a compelling mission."

BMC's mission—to provide exceptional care, without exception aligns its staff across its multiple medical settings. Exceptional care for BMC means providing superior quality and comprehensive care,

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an interview with kate walsh

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"We know that our future depends on our ability to provide access to high quality health care for our patients and to get people healthy and keep them well."

caring for the whole patient and all of his or her needs, not just the physical or medical challenges. Without exception means that BMC is dedicated to providing exceptional care to everyone, regardless of his or her ability to pay. What's more, BMC is committed to delivering that care *at lower cost* than other local tertiary hospitals.

"We are all here because BMC is what health care is supposed to be," explains Dr. Andrew Ulrich, Vice Chairman of BMC's Department of Emergency Medicine. "We treat patients because they need to be treated, not because they can afford to be treated, and we don't just treat the disease, we try to prevent it."

To provide superior quality comprehensive care at a lower cost to everyone that needs it is not an easy task, but BMC is doing it. Publicly reported patient safety records reveal that BMC rates as well or better than other academic medical centers in Boston when it comes to quality (hospitalsafetyscore.org). In terms of its cost of care, data collected across Boston hospitals by CHIA, the Commonwealth's primary hub for health care data and analytics, confirms that BMC prices are less than its peer hospitals. And when it comes to access, BMC is New England's largest safety net hospital. Half of BMC patients are considered low-income.

"We know that our future depends on our ability to provide access to high quality health care for our patients and to get people healthy and keep them well," Walsh explains.

Thinking Differently About Health Care

How is Walsh addressing these seemingly conflicting goals? One of her first tasks was to cut expenses by \$100 million to ensure BMC's longterm financial viability. Walsh didn't think of cutting back on quality or access. Instead she got creative and initiated a hiring freeze, revamped the hiring process, reduced supply expenses, plugged leaks

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A Closer Look at

in the reimbursement process, and renegotiated commercial payer rates. Under her leadership, over the past three years BMC has had a "small but symbolically enormous surplus."

Walsh also knew that to become more efficient and stay competitive, she would need to make some investments. BMC's campus, which has a split campus configuration, as a result of merging two hospitals, each with its own full service campus, captured her attention. In 2013, Walsh launched a four-year clinical campus redesign to reduce costly operational inefficiencies. As part of this plan, BMC's overcrowded Emergency Department is being enlarged, creating additional treatment rooms for patients and making it possible for all emergency medical staff to be located in the same space.

BMC also entered into a partnership with the City of Boston to install a co-generation system to ensure that BMC and the regional emergency communication infrastructure can stay fully operational in the event of a superstorm. This investment will improve quality and accessibility and generate \$1.25 million in annual energy savings for BMC. Kate Walsh became interested in health care administration during college, through an internship at the Brookside Health Center in Jamaica Plain. The Center was committed to providing comprehensive affordable health care to the community. An Urban Studies major, Walsh was fascinated by the mechanics and complexity of how health care is delivered and saw parallels between hospitals and small cities. Inspired, she returned to Yale to complete her undergraduate degree and a Master's in Public Health.

After graduation Walsh moved to New York, where she fell in love with both hospital administration and her future husband, Erik Garpestad, who was a medical resident at the time. (He now serves as Associate Chief of the Pulmonary, Critical Care, and Sleep Division of Tufts Medical Center and Director of its Medical ICU.) In time they returned to her hometown of Boston, where she worked for Mass General Hospital for 15 years before becoming COO of Novartis Institutes for Bio Medical Research. Brigham and Women's Hospital wooed her back into hospital administration and Walsh served as its COO for five years before joining BMC in 2010. Somewhere along the way she and her husband started a family and moved to Wellesley.

Walsh has years of health care administration experience, but she isn't bound by the way things have always been done. Entrepreneurial, informed, and committed, Walsh and her team at BMC are working within the constraints of their environment to create innovative solutions that work. Recognizing her efforts on behalf of the most vulnerable and in greatest need, in 2013 the Visiting Nurses Association of Boston named Walsh a "Hero of Health Care." Similarly, in 2014 Suffolk University awarded Walsh an honorary degree of Doctor of Humane Letters for her exceptional achievements.

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Walsh is making some critical technology investments as well. BMC is implementing electronic medical records for all of its patients across its many medical settings. Health care providers will have a consolidated view of a patient's medical history, which will help to eliminate procedural redundancies and ensure that important information is not lost. They will also be able to manage orders, coordinate care across settings, and monitor patients' vital signs remotely, where necessary. Patients will have access to the same medical records and be able to schedule appointments and get their test results through a patient portal. Taken together in aggregate, these patient records will generate population-based statistics that BMC can leverage to improve clinical care for its diverse subpopulations.

Walsh is also thinking creatively about how to extend and empower her staff. Highly experienced nurses, nurse practioners, physician assistants, and midwives work alongside doctors. "Everyone is working at the top of their license," Walsh explains. BMC even taps laypeople if they are the best person for the job. For example, through its Birth Sister program, at-risk moms receive prenatal, delivery, and postpartum recovery support from Birth Sisters from their own community who have been trained and employed by BMC.

As BMC's staffing needs shift away from inpatient care to focus on outpatient and community care, Walsh is redeploying health care workers in new roles. For example, BMC's Cancer Center has Navigators, skilled workers who are there to identify and overcome any barriers that may impact their patient's treatment compliance and completion. "For some of our patients, missing their radiation appointment is not the biggest problem in their life at the moment," Walsh explains.



The treatment at BMC's Cancer Center is state-of-the-art — oncologists even have a CyberKnife, a robotic radiosurgery system that offers a noninvasive way to treat tumors anywhere in the body. Oncologists personalize treatment plans to accommodate patients' obligations, knowing that many can't afford to lose any time at work. But cancer treatment is complicated, and if patients don't understand or can't get to their treatments, BMC's equipment and oncologists can't help them.

Navigators are a constant presence in their patients' lives, happy to assist with care coordination, language barriers, transportation, social services, insurance, and finance issues. They even have access to grocery gift cards and MBTA and taxi vouchers, in the event that they are needed.

BMC Has a History of Innovation

Walsh's entrepreneurial spirit is a good fit for BMC, which has a history of innovation. Its predecessor, Boston City Hospital, was the first municipal hospital established in the US (1864). In 1873, New England Female Medical College merged with Boston University School of Medicine to become the first co-ed medical school. BMC was one of two collaborators on the 1948 Framingham Heart Study, the ambitious longitudinal project that identified risk factors for heart disease. This entrepreneurial spirit continues today. "We are a very flat organization," explains



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Dr. Harry Bohrs, one of BMC's radiology oncologists, who was instrumental in procuring its CyberKnife.

Many of the programmatic innovations that doctors, nurses, and other staff members develop at the point of care are later scaled and have been adopted at other institutions across the



country. Take BMC's therapeutic Preventative Food Pantry and Demonstration Kitchen, for example—the first hospital-based facility of its kind in the nation. BMC doctors used to keep food in their drawers to give to patients who were hungry. "We have to meet patients where they are," Walsh explains. "To restore a diabetic patient to health, we may need to provide food in addition to insulin."

Today, if a BMC doctor finds that a patient isn't getting enough food, he or she writes a prescription for several days of food for the patient and his or her entire family, noting any allergies or special dietary needs. With this prescription in hand, patients can "shop" in BMC's Food Pantry, which is stocked with fresh fruits and vegetables, staples, and items that are low in sugar and fat. The Pantry serves 8,000 patients monthly, forty percent of whom children. Across the hall is a demonstration kitchen run by a nutritionist, who teaches patients ways to prepare healthy food.



BMC physicians also write prescriptions for heavily discounted Hubway memberships and free helmets, so that low-income patients can benefit from the exercise that bicycling provides. BMC pharmacists talk directly to patients to encourage them to take their medicine - some 40 percent of prescriptions go unfilled nationwide-and offer solutions for how to mitigate any side effects. BMC nurses, child life specialists, and social workers provide age - and gender appropriate backpacks for kids who have to be taken immediately into foster care from BMC's Emergency Department. These backpacks include clothes, pajamas, and a toysomething to call their own in the midst of a traumatic upheaval.

Learning from the Edge

Necessity is often the mother of invention. At BMC there is no shortage of necessity, nor is there a shortage of committed people paying attention, developing tacit knowledge and creative solutions to the health care challenges of its patients. As health care reform continues and the percentage of Americans insured by Medicare and Medicaid grows, every hospital will have to grapple with how to balance quality, access, and cost, and how to deliver comprehensive care that keeps all of their patients well. This is not in the distant future: 8,000 Americans turn 65 every day, Medicaid will cover 25 percent of Americans by 2017, and primary care clinics are popping up in retail stores like CVS, Target, and Walmart. BMC is certainly one to watch when it comes to refreshing the trove of possibilities.

Walsh is unleashing the creativity, energy, and compassion of her team, and together they are actively creating solutions to health care's challenges. "People often say, 'They took me to BMC,'" Walsh says. "My goal is for them to ask to go there, knowing that they will receive state-of-the-art care at a lower price."

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A Legacy of

in a community known for its highly rated and coveted school system, it might surprise an onlooker to hear the Weston superintendent announce the cancellation of school via song. Dr. Cheryl R. Maloney, the down-to-earth administrator, shot a selfie outside of her Wellesley home during the Blizzard of '15. She sang her own rendition of the popular hit "It's All About That Bass," or, rather, "It's All About That Snow," and attached the video to an email message to parents about the schools closing. And click it did. The one-minute clip captured more than 5,000 hits in one week.

"Someone sent me the video clip of the Moses Brown Headmaster singing about a snow day to a tune from *Frozen*," explains Dr. Maloney. "I thought it would be fun to try and do one as a selfie out in the actual blizzard."

Sometime in June, Dr. Maloney will be singing her own swan song of sorts, ending her 30-year legacy with Weston Public Schools, a decision that she did not take lightly. With a demanding 60-hour workweek, Dr. Maloney believes it's time to focus on other areas of her life, such as spending more time with family and friends, traveling, volunteering, and pursuing new interests.

"I don't want to jump into anything right away, but I'd like to work with inner city schools and continue a writing project on an interesting topic I've researched," says Dr. Maloney, who is fascinated by the

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ANNUNZIATA VARELA writer

MAURA WAYMAN photographer

Learning

How Dr. Cheryl R. Maloney Keeps 'em Coming Back

story of an 1806 murder of a Harvard freshman with ties leading to politicians, and Paul Revere as the trial's jury foreman.

For current Weston students, her mark is one that is visible, impactful, and long-lasting, including state-of-the art facility upgrades and an emphasis on global diversity. For former students, these reasons and more are why they're choosing Weston as home once again for them and their future Wildcats.

Accomplishments that Lead the Way

Weston is home to the new Field Elementary School for fourth and fifth graders, a project that was decades in the making, but one that Dr. Maloney helped push through, overseeing its construction from start to finish.

Field School Principal Matt Lucey was deeply involved in the project and stresses how Dr. Maloney makes all her decisions on what's most important for the kids. "She's exhaustive in her care of all students, and has consistently high expectations. There's a oneness of Weston in Cheryl. She came up the ranks and, because of that, she is more informed, and has a vision of excellence across the district," notes Lucey, who did his student teaching under Dr. Maloney in 1993.

Another landmark was celebrated in the fall of 2012, when Weston High School unveiled its new 23,000-square-foot science wing, helping

A Legacy of Learning

to boost the challenging and varied science curriculum. The wing is complete with a technology-rich multimedia room, outdoor classroom, roomy laboratories, greenhouse and solarium, advanced science equipment, and spacious storage areas, just to name a few amenities.

When Dr. Maloney took the office of superintendent, infusing a global perspective into the curriculum became a top priority. "Students need to gain the knowledge and skills in order to be able to compete in a global economy and think of themselves as global citizens with a shared concern for the planet," she believes. That same year, teachers participated in numerous professional development sessions on global education. What was borne were significant curriculum enhancements such as the addition of Mandarin, international art projects, world literature, contemporary Africa and Asia, global career days, and community service projects touching many parts of the world. Dr. Maloney has worked tirelessly on the issue of diversity, tackling the achievement gap in a number of ways, such as the support of Affinity Groups, Anti-Bias professional development, summer programs to support METCO student participation in honors and Advanced Placement courses, and diligent counseling to encourage student participation in the arts and extracurricular activities. In fact, Weston is one of the most active suburban districts in the METCO program, with 165 METCO students who add to the demographic diversity of the schools, as well as diversity in classroom discourse and experiences.

All Roads Lead to Weston

Dr. Maloney hopes her legacy will be remembered as one where she "made a positive difference in the education and lives of our children, and now their children. That has been my passion, focus, and goal in




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each position I have held in the Weston Public Schools from classroom teacher to Superintendent of Schools," explains Dr. Maloney.

Many Weston Public School alumni would agree with the sentiment, as droves of graduates have found their way back to Weston with the desire to raise their children in the tight-knit community and take advantage of its top-notch schools.

Barbie Cobb, class of '92, and her high school friend, now husband, Alex, remember Weston as "very small and quiet, and a place where everyone knew each other. The teachers knew every student, regardless of whether or not they had you in class."

"Our decision to move back to Weston was pretty simple," says Barbie Cobb, who went on to work in New York City after college before returning to Massachusetts for graduate school at Harvard. "We wanted to move close to family, into a town with an excellent school system, and to feel like we're in a community where we could get involved. We found a house that we loved, made an offer on a whim, and found ourselves moving in several months later in 2000."

Both she and Alex had Dr. Maloney for history, her first position with the Weston schools beginning in 1985. (Maloney then went on to History Department Chair for both the middle and high school, Assistant Principal at the high school, then Assistant Superintendent, and finally Superintendent in 2008.) "Teaching ninth grade, she helped smooth the transition of the freshmen into the high school with her gentle nature and kind manner. The fact that she can still remember students from the '80s and '90s after all these years is impressive," explains Cobb.

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Dr. Maloney clearly remembers those days as a teacher, her gradebooks from 30 years ago within reach of her office. She cites the fact that it was a place for teachers to be creative, push the limit, and be supported in doing so. "I wanted to replicate that for the students, who were amazingly talented individuals. Many go on to become artists, dancers, attorneys, entrepreneurs, physicians, and authors."

The Cobbs have two daughters — Abby, a sixth grader, and Ellie, a fifth grader and are happy with their decision to return home. "We love being in a quiet neighborhood where they can play outside, ride bikes down the street to friends' houses, or go for long walks in the woods. We have also enjoyed the incredible resources that the town has to offer." But it's the schools that keep them satisfied. "My daughters have had great experiences throughout their years in the Weston Public Schools," stresses Cobb. "They've made wonderful connections with their teachers, made many new friends, and taken advantage of the programs that the schools have offered. We are very pleased with the attention and care that the entire school system provides, and know that our girls are in good hands from when they get on the bus every morning. They really do love their teachers."

Gregory Kaden, Weston High School class of '89 and now an attorney in Boston, loved his teachers as well. "I had Dr. Maloney my sophomore year for US History. I remember her class well," recalls Kaden. "She was an excellent teacher and had many creative ways to make the class fun, such as orchestrating educational games like US History *Jeopardy*. The class had students from an unusually broad range of grades and levels, but she was able to teach in a way that reached everyone and their interests."

As a teacher who had the freedom to try new things, Dr. Maloney fondly remembers, "I had Sturbridge Village come out and show the students how they danced in the 19th Century. The whole AP class was up and dancing. Another time the kids wrote plays based on my research and acted them out for parents."

"I had a great experience growing up here," Kaden continues. "Weston has fewer



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A Legacy of Learning

pure neighborhoods than some other towns, but there is a strong community spirit and social network. I have many childhood friends who still live here."

Principal Lucey believes that there is a connectedness among parents, kids, and staff that is unique to Weston with scores of alum moving back. "It's comforting and reinforcing when a community has the continuity of expectations, leadership, and excellence that returning families yearn to maintain." Kaden moved back to Weston in 2012 in large part due to the exceptional schools for his daughters, Jocelyn, nine, and Gigi, four. "The school curriculum is much richer and more advanced than when I was a student. Many of the things my daughter is doing and learning in the third grade I was not exposed to until the fifth grade. There is also a much greater (and earlier) emphasis on organized extracurricular activities, including orchestra and sports."



"Far and away the best prize that life offers is the chance to work hard at work worth doing."

- President Theodore Roosevelt

David First, who works

in organizational development for TripAdvisor, was struck by what he saw in sports. As the boy's high school basketball head coach, he remembers coming home after the first practice and telling his wife how thoughtful and well-mannered the kids were. "I told Kelly that I was so glad that we made the decision to be in Weston," says First, father of

six-year-old twins Lilly and Oliver. "These are the kids you want your kids to be around."

First, WHS class of '82, believes that, looking in the rearview, he was lucky to have lived in Weston growing up and to have gone through the public schools. "I taught in private schools for 15 years and saw what was missing was the community. Weston has outstanding schools and you're still a part of the town. Not a lot of towns offer that type of outstanding education where kids are able to live at home or go to school where they live."

For others, like Caroline Balz, a psychotherapist and fourth generation Weston resident, moving back was influenced by instinct. "There was this pull inside me bringing me back," Balz explains. She, along with her husband and two toddlers, had moved from Boston to Newton and bought their "forever" house. "I found myself bringing my two boys to Weston because it was familiar, accessible, and close to my parents (who still live in town). The Village Barber, Tavernside, and sledding on the Town Green were all indications I was voting with my feet."

When her oldest son turned five and it was time to enroll him in kindergarten, that's when Balz, a former student of Dr. Maloney, felt "the rubber really hit the road". As she envisioned her son in kindergarten, she realized that a small community with a small centralized school system was important, as well as one that understood the unique developmental needs of pre-adolescence by way of one school for fourth and fifth graders.

"After talking with friends who lived in Weston and touring Woodland School, I was flooded with memories and knew it was time to move back. I still feel it was the single best, lifestyle decision we have made. I am thrilled with the education and community," recounts Balz.

An empty-nester with two adult children, Dr. Maloney will enjoy some time contemplating her next move, be it an historical fiction novel or the novelty of spontaneous singing. "President Theodore Roosevelt once said, 'Far and away the best prize that life offers is the chance to work hard at work worth doing.' After 30 years of working with and for students in the Weston Public Schools, I believe I won that prize," admits Dr. Maloney.

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Read Able Weston Fire, Police, and DPW A History of

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Until the late 19th century, jobs like fighting fires, keeping the peace, and maintaining roads were done by Weston residents working as volunteers or paid hourly. Today, professional fire, police, and public works departments protect life and property and pro-

vide essential services to the community. In its recent exhibit Ready, Willing, and Able: History of Weston Fire, Police, and DPW, the Weston Historical Society explored the history of this important transition.



fires were all too common in late 19th century Weston. James Case's first house on Wellesley Street was destroyed in 1882 by a fire from an overheated furnace. Cinders from wood-burning train engines caused frequent brushfires and a fire that destroyed the Silver Hill train station. In 1885, a kerosene lantern overturned during a drunken brawl set fire to a large boarding house on Summer Street used by contractors constructing Stony Brook Reservoir. One man died. To fight these fires, Weston relied on volunteers equipped with "two old fire hooks," sometimes aided by a "steamer" from Waltham.

Petty theft was also a problem. Items in the Waltham Daily Free Press Tribune record boys and automobilists stealing fruit, tramps milking cows dry, and thieves stealing pullets, bicycles, carriages, blankets, and clothing off clotheslines. But as in the case of fire fighting, the town had no official police department. Each year, respected residents were appointed as constables or special police, often serving without pay.

In 1890, these time-honored methods for dealing with fires and crime came under scrutiny. That year, Daniel Lamson, whose farmhouse was located in the town center, wrote a letter to the selectmen complaining: "There is rampant in the center of town a spirit of huddlism (sic)." He protested that residents could not go peaceably to the post office or library without being harassed, even in broad daylight, adding, "Stones are thrown, windows broken, property injured... sign boards... defaced, broken & in some instance utterly destroyed & car-



ried off—in fact a state of things unknown to neighboring towns." Lamson asserted: "our constables are of no account." He wanted a real policeman to patrol the town center.

Weston selectmen appealed to public frugality to stop these "offenses to the public peace." They conceded that some acts of vandalism might have been committed by "evil-disposed persons passing over our highways at night on their way from Waltham to neighbor-

ing towns." But the selectmen believed that Weston residents were largely responsible. They hoped that, if offenders gave their actions "sober thought," and if all "friends of good order" were exceptionally vigilant, it would be unnecessary for the town to go to the expense of maintaining a paid police force.

Perhaps these admonitions worked, because for decades afterward, Weston continued to rely on constables and special police to keep the peace. The only exceptions were in 1894, when the murder of a Lincoln man in Weston was turned over to state police, and in 1901-03, during construction of the Weston Aqueduct and Reservoir. At that time, because of the tons of explosives and scores of workers living in temporary camps, the town asked the state to provide funds for police protection.

In 1908, the colorful Patrick J. McAuliffe was appointed Weston's first Chief of Police. But this was not a permanent position. McAuliffe continued working as an insurance agent, undertaker, and operator of a livery service on Church Street. Not until 1922 did Weston have a



top: The Weston Fire Department owns this antique toy "steamer" *bottom:* Highway Department employees in front of the Newton Street storage barn in 1934



full-time police department, headquartered in the basement of the present town hall.

In 1974, the department finally moved from its cramped quarters to a freestanding station on Boston Post Road, now in the process of

being replaced by a new and larger facility. Today, in addition to automobile accidents and crimes that would have been familiar to residents a century ago, the police department investigates cases of identity theft and internet fraud.

In 1890, the same year that Lamson was complaining of "huddlism" in the town center, an arsonist was at work in the northwest. Thirteen fires were set between April and June, destroying fields and two barns.

Ready, Willing, & Able

left: P.J. McAuliffe, Weston's first police chief, drives friends to a birthday party at Mt. Wachusett in 1911 bottom: Men of Engine Company #1 with Weston's first fire apparatus c. 1895



A mid-summer fire that destroyed the historic Fiske house at the corner of Boston Post Road and Fiske Lane brought matters to a head.

Town leaders finally took action. Organ factory owner Francis Henry Hastings purchased Weston's first fire truck, the horse-drawn Hook & Ladder #1, and donated it to the town. Hastings had a personal stake in fire protection: his 280-foot-long wood-frame factory building was located right next to the railroad tracks on Viles Street. Hastings arranged for the new truck to be kept in his shed on North Avenue. When the alarm rang, Thomas Coburn's heavy farm horses were located in the fields and set to work pulling the apparatus. In November 1890, 16 men from the north side were appointed as volunteer engineers.

The following April 1891, the town voted to purchase a second hook and ladder truck for the town center. It was housed in the basement of the town hall, an 1847 building that once stood across from First Parish Church. Horses were kept at P.J. McAuliffe's livery stable on Church Street.





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Ready, Willing, & Able

Having fire apparatus and two volunteer companies did not end the problem of fires. In August 1893, a fire, deliberately set, partially destroyed the Concord Road house of Charles H. Fiske. Two months later, the arsonist struck again, destroying or damaging three two-story buildings in the center of town

FURMAN

owned by Edward Coburn and occupied by Coburn, harness maker W. G. Wark, dry goods dealer W. T Burrage, and grain dealer C. L Keefe.

Townspeople posted a \$500 reward for the arrest and conviction of the perpetrators, who were never caught. That year, 16 members of the department submitted a petition seeking pay for time spent at fires. After that, the men were paid 25 cents for each hour actually worked.



top: J. Sumner Viles was Police Chief from 1929 to 1958; bottom: The all-concrete 1908 Kendal Green Fire Station was used for just over a decade; background: Central Fire Station in 1936

FURMAN

In 1908, the town constructed the Kendal Green Fire Station, an allconcrete building that still stands on North Avenue. It was praised in a 1909 article in the *Municipal Journal and Engineer*, which noted: "an effort was made to give [the new station] an appearance which would be sufficiently artistic for its surroundings." Critics responded that it was too low to the ground, too close to the street, and "in the worst place that could be found on North Avenue."

According to a history of the Weston Fire Department, written by H. Bentley Crouch and recently published in *The Weston Historical Society Bulletin*, there was a reason that the town built such an expensive structure in this location. According to Crouch, at the time residents were concerned about proposals to build a street railway on North Avenue, and "by placing the first station at the narrow point in the road and

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opposite the ledges it was felt that the street railway project would be blocked."

The Central Fire Station, constructed in 1914, allowed the town to purchase its first motorized fire truck. Other milestones in the history of the Weston Fire Department include the construction of the South Avenue Station in 1966 and enlargement of the Central Station in 1986-88. In 1975, the fire department took over the task of providing ambulance service. In 2013 the department responded to 2,183 incidents, approximately equally divided between fire and ambulance.

Unlike the fire and police departments, many of the functions of today's Department of Public Works were always considered a necessary part of local government, to be paid for with taxes. The DPW includes Park & Cemetery, Highway, Water, and Solid Waste divisions.

To begin with the oldest example, the Farmer's Burying Ground was established in 1703, before Weston was even incorporated as a town. Additional cemeteries have been created and maintained at public expense.

Road construction and maintenance were also considered an expense that could not be done by volunteers. In the 19th century, the town was divided into six road districts administered by three road commissioners, who were usually well-known farmers. They used their own team of horses to grade, scrape, and plow the old dirt roads and sidewalks. In winter, they rolled the snow to create



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a packed surface for sleighs. The commissioners were paid for their time and for the horses and crew.

As automobiles became increasingly common in the early 20th century, roads were improved and finished with macadam, a hard gravel surface formed by compacting crushed stones and binding them with a bituminous material. The town purchased its first snowplow in 1895



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left: The highway department, now part of the DPW, clears downed trees like this one of North Avenue in 1921; **bottom:** The private Weston Water Company was established in 1895 on Warren Avenue; **background:** Resident tosses trash into Weston's sanitary landfill in 1978

and seven more by 1908. They were housed in a small vehicle storage shed on Golden Ball Road. In 1913, Weston changed to an elected Board of Road Commissioners, and Percy Warren was appointed the first superintendent of streets. The department had no central headquarters until 1953, when a new cement block municipal garage was built. It was enlarged in 1964 and replaced in 2010 by the present building.

At the turn of the last century, residents got their water from private wells or one of several private water companies. In 1920, voters debated over whether to purchase the Weston Water Company, a private organization that had been supplying water to parts of the town since 1896. Opponents argued that if the town went into the business of supplying some of its inhabitants with water, others would naturally demand the same service, at great expense to the town. A lengthy committee report in 1920 recommended that Weston "take now the step it will undoubtedly take some day."

The private Weston Water Company, located on Warren Avenue, was acquired in July 1921. With it came the services of Edmund T. Carver, who became superintendent of the new Weston Water Department and held that post until 1946. Over the next two decades, the town spent more than \$400,000 improving an obsolete and inade-

Ready, Willing, & Able

quate system. The water department took over private water companies and expanded the system to reach many of those with private wells. Because of contamination of the water supply from the Nickerson well (near the Weston tolls) and Kendal Green, Weston became part of the metropolitan water system in the 1970s.

Trash was originally disposed of by open burning at three town dumps, on Ash Street, South Avenue, and the present site on Church Street. Pressure from the state led to development of a sanitary landfill at Church Street in 1968, supervised by the highway department. A temporary transfer station was set up there after the landfill closed in 1988. The new permanent Transfer and Recycling Station opened in 1994.

The Weston Historical Society exhibit Ready, Willing, & Able: A History of Weston Fire, Police, and DPW, paid tribute to the work of the many dedicated town employees who provide these and other services to our community. The exhibit and related programs were supported in part by a grant from the Weston Cultural Council, a local agency that is supported by the Massachusetts Cultural Council, a state agency.

Information for this article comes from *Farm Town to Suburb: The History and Architecture of Weston, Massachusetts, 1830 – 1980* by Pamela W. Fox (2002), "A History of the Weston Fire Department: 1880 to 1929" by H. Bentley Crouch (*Weston Historical Society Bulletin,* Spring 2015) and Weston annual Town Reports.

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LANDING FIRST JOB



OUT OF COLLEGE

Advice From Five Recent College Graduates

ELIZABETH SUNEBY writer

its all relative. While many newly minted college graduates have a hard time finding their footing on the career track, things could be worse. "Millenials" *without* a university degree have a much harder time securing gainful employment.

Economists at the Federal Reserve Bank of New York looked beyond anecdotal evidence to study more than two decades of data and published their findings last year in a report in *Current Issues in Economics and Finance* titled, "Are Recent College Graduates Finding Good Jobs?"

The authors document what many people sense and fear. Today's college graduates are having a tough time landing the jobs of their dreams and, as a consequence, compromise by taking part-time employment or positions that do not require a bachelor's degree.

UNEMPLOYMENT > A TIME-HONORED OCCURRENCE

The report points to the tepid job market, which started in the 2001 recession and dug in deeper after the 2008 "Great Recession," for elevated rates of unemployment among recent college grads. But the authors of the report remind us that college graduates typically require time to transition into the labor market. "During both good and bad economic times," they write, "rela"Since the 2008 Great Recession, part-time employment has increased at a higher rate for recent college graduates."

tively high rates of unemployment are not uncommon among college graduates just beginning their careers, and those rates can be expected to drop considerably by the time the graduates reach their late twenties. Moreover, while it appears that the labor market has become more challenging for recent college graduates, it is much worse for young people who do not have a college degree."

UNDEREMPLOYMENT > A RED FLAG

The authors also delve into another highly talked about trend, "underemployed" college grads working in low-wage jobs. These college educated baristas, yoga instructors, waiters, and retail clerks are employed in positions that do not require a college degree and that typically pay less than \$25,000 a year.

Even more enlightening, the authors point to the decline of college graduates working in higher paying health care and skilled trade positions, which they call, "good non-college jobs." These jobs pay an average of \$45,000 a year. Think diagnostic medical sonographer, radiation therapist, wind turbine technician, and electrician.

Many of these 21st century "trade careers" require problem-solving skills, creativity, and technical knowledge – the reason for the higher compensation. An award-winning book, *Shop Class as Soul Craft: An Inquiry Into the Value of Work* (The Penguin Press, 2009), questions the prudence of positioning office work as the ultimate reward for college grads and non-college grads alike. The book jacket summarizes the author's perspective: "For those who feel hustled off to college,

then to the cubicle, against their own inclinations and natural bents, [this book] seeks to restore the honor of the manual trades as a life worth choosing."

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PART-TIME EMPLOYMENT > A GROWING TREND

The growth of part-time employment (defined by the US Bureau of Labor Statistics as working fewer than 35 hours a week) is another trend the authors document for all college graduates. Since the 2008 Great Recession, part-time employment has increased at a higher rate for recent college graduates.

Share of Underemployed Graduates Working Part-Time





SOURCES: US Census Bureau and US Bureau of Labor Statistics, Current Population Survey, March Supplement; US Department of Labor, O*NET.

NOTES: College graduates are those aged 22 to 65 with a bachelor's degree or higher; recent college graduates are those aged 22 to 27 with a bachelor's degree or higher. All figures exclude those currently enrolled in school. Shaded areas indicate periods designated recessions by the National Bureau of Economic Research.





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Employment Outcomes for Recent College Graduates by Major, 2009-11

Percentage unemployed

- Percentage in jobs where a bachelor's degree is required
- Percentage in jobs where a bachelor's degree is not required

SOURCES: US Census Bureau, American Community Survey; US Department of Labor, O*NET.

NOTES: Recent college graduates are those aged 22 to 27 with a bachelor's degree or higher. All figures exclude those currently enrolled in school. Because of rounding,figures in each bar may not sum to 100.



RISING ABOVE STATISTICS

Economic and employment conditions are beyond the control of any job seeker, including the recent college grad. Nonetheless, smart choices can make a big difference. Pursuing majors that tend to lead to gainful employment and pursuing savvy job-search tactics help millennials buck the trends. For thirteen fields of university study tracked by the US Department of Labor, unemployment rates of graduates ranged in the single digits only, and reflect the impact of variable individual perseverance, as well as employment conditions.

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Many college graduates seeking their first jobs, including the five profiled on the following pages, are beating the odds. Read how hard work, tenacity, resourcefulness, networking, and heavy doses of optimism and humor contributed to their job search success. >



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Landing that Elusive First Job

CAM PARKER >

Davidson College (Davidson, North Carolina) Class of 2015

Graduated with a liberal arts degree in history and a job waiting for him as a full-time business analyst for Deloitte Consulting in their Boston office.

"I'm not sure I'd be such an advocate for a liberal arts education if I didn't have a job lined up," admits Cam, who grew up in Wellesley and attended St. Paul's School in New Hampshire. Cam was uncertain if he wanted to pursue a career in business or education directly after graduation,

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540 Hillside Avenue, Needham, MA • 617-489-1888 yet he is certain that at some point in his career that he wants to work in industry and also teach high school English or history.

Deloitte recruited for summer interns at Davidson College. Cam applied for and secured an internship in Deloitte's Business Analyst Summer Scholar program between his junior and senior years. Cam explains the value of the experience, saying, "My summer internship convinced me that the business world could be home to someone who wanted to continue his education. I realized that I didn't need to be in a physical classroom every day. Through the people I met and the experiences I had, I determined that I wanted to return to Deloitte after graduation as a full-time analyst."

In January 2016, when Cam starts his job as a member of one of Deloitte's traveling project teams, he will call upon the qualitative and quantitative skills he developed at Davidson to assist clients in several sectorstechnology, energy, retail, finance, health care, and life sciences.

Cam's advice to future college graduates: Be proactive; search out alums from your high school or college just to learn about what they do. Even if it doesn't lead to something, it will open your eyes to potential careers. And remember, don't take yourself too seriously.

TAYLOR FRIEDMAN >

Hamilton College (Clinton, New York) Class of 2014

Graduated with a double major in mathematics and neuroscience and a two-year contract at AstraZeneca, a multinational biopharmaceutical company.

Taylor, a graduate of Wellesley High School, discovered that finding an entry-level scientist job without an advanced degree is no small feat. Her post-graduation goal was to find a job that would help clarify longer-term career possibilities and the necessary type of graduate education. Taylor talked to a wide range of scientists during her job search and gained an interesting perspective about what they enjoyed about their chosen fields of work.

Taylor's advice to future graduates: Don't get discouraged. Everyone thinks they need to have a personal connection to get a job. That's not the case. I found my job on a website called the Liberal Arts Network.

JAKE WAXMAN >

Macalester College (Saint Paul, Minnesota) Class of 2014

Graduated with a major in political science, a minor in international development, and the resolve to move to Washington, D.C., to find a job in national security and defense affairs.



Jake, a graduate of Weston High School, acknowledges the benefits of his initial unemployment. He had the time to attend think tank pan-



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Landing that Elusive First Job

els and other events in his desired field of work, learn, and meet interesting people — not to mention partake in the open bars at post-event receptions.

A former professor of Jake's took a position as a fellow at the Truman National Security Project, alerted Jake to the opportunity, and put a good word in for him. The personal connection paid off. Jake landed a four-day-a- week internship at the Truman Project, conducting research and managing a database for the policy team.

Jake's advice to future graduates: Yes, you'll likely submit résumés online and feel as if they get lost in cyberspace, never to be seen again. But don't give up. Networking ultimately pays off. The one person you meet at a conference can lead to another connection, an interview, and even a job.

ANDREW GRISWOLD >

Johns Hopkins University (Baltimore, Maryland) Class of 2015 Graduated with a major in chemistry and an acceptance letter in hand for a joint MD/PhD program.



Andrew, a Wellesley High School graduate, tapped the Hopkins premedical advising committee and supplemented with his own online research. He applied to 12 MD/PhD programs and traveled to several medical schools to interview. He enjoyed seeing other parts of the country and meeting fellow applicants. It's a rigorous process for the challenging seven to eight years of schooling ahead required to land a job as a research physician.

Andrew's advice to future graduates: *If you are applying to medical school, get your applications in early. You'll have lots of essays to write.*

KATHERINE JULIANI >

Ohio Wesleyan (Delaware, Ohio) University Class of 2013 Graduated with a major in early childhood



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Omar El Abd, MD

Landing that Elusive First Job

education and the determination to land a job as an elementary school teacher.

It took a year of substitute teaching back at Hardy, the elementary school in Wellesley Katherine attended herself, to gain the experience required for a full-time teaching position. Fortunately, Katherine broke the Catch 22. She is now a fifth grade teacher in Franklin, Massachusetts, a position she found on a website called schoolspring.com.

Katherine's advice to future graduates: Apply for as many jobs as possible, even if you aren't 100 percent interested. The experience you gain by interviewing will help you land the job you really want. Also, take the time to be really organized with your résumé, cover letters, and recommendations. It makes it easier to apply for jobs quickly.

THE BEST FIRST JOB OUT OF COLLEGE > A GROWTH MINDSET

Keep in mind, men and women who accomplish great things in life and realize their career ambitions have what Stanford psychologist Carol Sweck calls a "growth mindset." The essential belief that you can and will improve and grow is a critical trait to nurture, no matter your desired profession. In fact, it's the very first job all college graduates should pursue.



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Fall many a glorious morning have BabsonARTS Wellesley's Best-Kept Secret

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Commonwealth Shakespeare Company and Much More

LAURA LAMERE writer

there are many reasons to love living in or near Wellesley and Weston. Our access to the city of Boston and all of the cultural artistic offerings are among the many benefits we enjoy.

"And I as rich in having such a jewel As twenty seas, if all their sand were pearl, The water nectar, and the rocks pure gold."

– William Shakespeare

But closer to home, there are hidden cultural jewels in our midst that we only need to explore. We live amongst some of the country's top learning institutions, and far from being academic and cultural outposts closed off to the world, these institutions, Babson in particular, want to invite you in.

Just a short drive from Wellesley Center and located directly across from the Wellesley Country Club, BabsonARTS presents its diverse array of programming for on-campus audiences and the general public in the Richard W. Sorenson Center for the Arts (Sorenson Center), which houses the college's award-winning Carling-Sorenson Theater and Sorenson Family Visual Arts Center.

left: Steven Maler's Commonwealth Shakespeare Company is best known for its annual free performances on Boston Common; nght: Othello (2010), featuring Marianna Bassham, Adrianne Krystansky, Seth Gilliam

BabsonARTS

"We're neighbors," explains Steven Maler, Director of BabsonARTS and Commonwealth Shakespeare Company founder and artistic director, who joined the Babson community in September 2013. "And rather than drive into the city and pay for parking, you can actually come right down the street and see amazing theatre and arts programming here on the campus. It's eclectic, it's provocative, it's interesting, and much of it is free. Even when we are charging, we are charging low ticket prices."

U.S. News & World Report has consistently ranked Babson the number one college for entrepreneurship. Where do the arts fit in? According to Maler, the synergy between arts and business is actually quite natural: "Creativity and innovation have long been hallmarks of Babson College's focus on entrepreneurship," he explains. "We're interested in creative thinking, we're interested in non-conventional approaches to a problem. And that's what creativity teaches you – it teaches you to look at problems from different perspectives." Kerry Healey, Babson College President

and Lt. Governor of Massachusetts from 2003-2007, agrees: "Experiences that require creativity and collaboration are essential to developing an entrepreneurial mindset and skill set."

In fact, Maler goes on to say that Babson has a passionate commitment to the liberal arts as part of its DNA. Students are required to take liberal arts courses during their entire time earning a business degree. In the last two years Babson has nearly doubled its investment in arts and culture, an effort spearheaded by Healey. As a result, the entire community of Babson, as well as the local community, has benefited.

"Now join hands, and with your hands your hearts." – William Shakespeare

An added bonus for both Babson and local arts patrons is the Commonwealth Shakespeare Company's (CSC) presence on campus.

> CSC is the resident theatre of Babson College. Since 2013, Maler and his CSC staff of five have called Babson home. Local headlines like "Babson and the Bard" and "The Bard in the Burbs" highlighted the pairing. And according to Maler, these partnerships are very common and mutually symbiotic. The American Repertory Theatre (ART) is in residence at Harvard University and the Huntington Theatre is in residence at Boston University.

> "They benefit each institution. We get a home base, stability, infrastructure, and a beautiful theatre to work in. And we then give back to the college by creating programs that weave into the fabric of the pedagogy here," said Maler.

> One of Babson's new programs that integrates the arts is "Arts & Business Conversations" where industry leaders from arts organizations discuss their businesses in an intimate setting: "The idea is to show the





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students there is a potential career path for them in the creative sector. It's not about being an artist but about the important work of keeping these businesses stable and operating."

Maler's Commonwealth Shakespeare Company is best known for its annual free performances on Boston Common and is dedicated to bringing the works of William Shakespeare to the people of Boston and beyond, but CSC also presents several free play-reading events during the year: Theatre in the Rough, Shakespeare and Law, and Shakespeare and Leadership presented at Babson.

In March, CSC's Shakespeare and Leadership series took the story of King Lear, the tragic story of an aging king and the transfer of the rule of England to his three daughters, and staged a reading with business

leaders from the corporate world along-

side local professional actors. This free, public reading was followed by a discussion featuring the participants.

"What's fascinating about these series is you really get to see inside how these judges and lawyers or CEOs think. And using Shakespeare as a vehicle to highlight issues that they deal with everyday has been very revealing. These discussions become very open and powerful," says Maler.

Recent CSC productions include Twelfth Night, The Two Gentlemen of Verona, Coriolanus, All's Well That Ends Well (2012 Elliot Norton Awardwinner for Best Production, Large Theater), Othello, and The Comedy of Errors. CSC kicked off its 20th Anniversary season with the first-ever


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BabsonABISany a glorious morning have I seen





Shakespeare at Fenway last fall. This summer, CSC will present *King Lear* free on the Boston Common in July and August.

"Part of what I love about working with Shakespeare is how profoundly relevant it is," says Maler. "We're doing *King Lear* this summer and I'm looking at these issues that are motivating me about the play: what is your legacy and how do you pass on your world to the next generation? These are profoundly important questions."

"All the world's a stage... one man in his time plays many parts." – William Shakespeare

Upon arriving at Babson, Maler assumed two roles: Artistic Director of Commonwealth Shakespeare Company and the Director of the Sorensen Center for the Arts. Faculty director of the Sorensen Center, Beth Wynstra works closely with Maler and regularly directs plays and musicals each year, including a professionally directed and designed student production. Babson also has a robust visual arts program. Danielle Krcmar is the artist in residence at Babson College and each semester she curates up to three shows. Music, dance, student arts organizations, and master classes round out the BabsonARTS offerings that are all designed to be entertaining and to shine a spotlight on global issues.

At Babson, Maler continues to operate CSC as an independent 501(c)3 nonprofit organi-



zation, but his two roles blur when it comes to the product he and his team deliver at Babson. Maler's creative ideas blend seamlessly with the BabsonARTS programming to produce something truly unique.

In his first year, Maler brought Burn Notice star Jeffrey Donovan to Babson to do a scriptin-hand reading of King Richard III at the Sorensen Theatre. The event was free and the audience was packed. This spring the Carling-Sorensen Theatre embraced the multimedia presentation of "Basetrack Live." Set to an electro-acoustic score, actors and an on-stage band gave voice to Marines and their families. A panel discussion followed and a portion of the proceeds went to assistance organizations for veterans and families.

"I'm really interested in creating a discussion or dialogue. I want to create interactivity with our programming, create a real connection to the work. I'm really interested in things that are innovative and push boundaries of form," explains Maler.

Maler revived a fledgling on-campus film series by injecting it with star power. He brought in his friend Anthony Rapp, Broadway and film star of Rent, for a screening of the film and made him very accessible to the community.

"Rapp did a master class with the students on auditioning and gave feedback. Then he did a Q and A session with 200 people in

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BabsonARTS

the Sorensen theatre. He sang 'Seasons of Love' with the Babson

a cappella group The Rocket Pitches. We screened the film and ended with a gathering

for area alumni."

Maler and the Babson community realized they had a winning formula when Rapp's visit became the most popular social media event for Babson that quarter.

This year, BabsonARTS hosted Seth Gilliam from *Walking Dead* for a screening of Starship Troopers, featuring Gilliam. The free presentation was also open to the public and featured a conversation with both Gilliam and Maler.

"We know what we are but know not what we may be."

– William Shakespeare

These innovative programs are not only star-studded public affairs but also serve to expose students to professionals they might not otherwise get a chance to meet. Maler explained that Jeffrey Donovan worked as both an actor and an executive producer on "Burn Notice" and was able to talk with the students about both of his roles.

"For me the idea is to really allow the students to engage in a completely different way — engaging with an artist and understanding what his career has been like and how it applies to them. They see the parallels immediately. He's an entrepreneur — every day he has to go out and sell himself."

Maler is also an entrepreneur, founding CSC in 1996. Could that be part of what makes him a good fit with Babson?

"I think that I do have a unique perspective," says Maler. "I've worked inside institutions but I've also built my own company. So I think I do feel a great sympathy for what the students here are trying to achieve."

What Maler is trying to achieve for Babson is greater visibility in the arts. He calls the arts at Babson "Wellesley's best-kept secret: We really want people to understand that there's a whole lot of exciting things happening here on the campus."

Healey echoed Maler's enthusiasm: "Babson's extraordinary arts offerings have remained an underutilized community resource. It is our hope that our friends and neighbors – in the Wellesley community as well as in the greater Boston area – will come to recognize us as a valuable contributor to their cultural experience."

In the coming months and years, the CSC has plans to expand the body of work that they perform in Wellesley at Babson and their productions will include non-Shakespearean pieces.



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full many a glorious morning have I see

BabsonARTS

Maller the mountain-lops with sovereign eye,





Maler is hoping

to receive feedback and learn what the community is interested in seeing.

"We're really excited for people to come to see our work and to talk to us about our work," says Maler. "We invite our neighbors to come and see shows, support the company. We want them to talk about our company and serve on our board. We really want to be a part of this community – it's very important to us. This is now our home."

"My crown is called contentment; A crown it is, that seldom kings enjoy." – William Shakespeare

In addition to settling CSC into its new "home" these last few months, Maler has come to realize that he has also settled in to the mindset of Babson – the piece of Babson that speaks to values – and it's something that surprised him, but leaves him remarkably content.

"What is particularly brilliant to me about Babson is that social responsibility is a deep core value here. It's a foundational concern. And I don't know if I really knew that coming in – I've learned over the year that this is really an extraordinary place for what we're trying to do."

To access the arts calendars for COMMONWEALTH SHAKESPEARE COMPANY and BABSONARTS visit www.commshakes.org and www.babsonarts.org



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ELIZABETH SUNEBY writer

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jan nowak of Wellesley spent the 2013/2014 school year in Bremen, Germany as an AFS exchange student. More than a half century earlier, Walter Oechsle from Saulgau, West Germany spent the 1950/1951 school year in Englewood, New Jersey as one of the first German AFS students to come to the US after World War II.

Originally called the American Field Service, AFS was started by two American men who volunteered as ambulance drivers during World War I and II and saw the potential for cultural exchange to help forge world peace. During its inaugural year in 1947, the nonprofit organization exchanged 52 students from 11 countries formerly at war. Today, AFS hosts 1,100 US high school students abroad and 2,300 high school students from 90 countries in the US. Given the ethnic, national, and religious strife plaguing many parts of the world, the organization's mission

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Julian Volken with his host mother Ria Stolle, host father Langdon Andrews, and host sisters Loren and Faith in their Wellesley home

is as relevant in 2015 as it was directly after the two World Wars in the 20th century.

Walter Oechsle's daughter, Tina Vasconcelles of Wellesley, is the treasurer of AFS' Wellesley chapter and a liaison to host family and exchange students from Germany. "It has been exciting to see kids from all over the world having as positive an experience as my dad had over 60 years ago," explains Tina of her decision to support the program. "My father's life changed fundamentally because of AFS. He had an extraordinary host family who helped him apply to colleges in the US, as well as with finances to attend Lafayette College in Easton, Pennsylvania. Without AFS, my father would have been a toolmaker in Germany with little chance for the economic mobility that he earned through hard work after graduating from college and becoming a citizen of the United States."

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Global Education Through Real-world Experiences

AFS students choose between a year, semester, or summer in one of 90 host countries. Julian Volken from German-speaking Bern, Switzerland decided to spend the 2014/2015 school year in the US. "I had visited San Francisco and the West Coast on vacation with my family. I wondered what it would be like to live in the US and wanted to have that experience," explains Julian of his decision to apply and enroll. Julian spent his junior year at Wellesley High School as one of 12 AFS students in MetroWest Boston. "We are fortunate to live in a community with schools that recognize the value cultural diversity offers its students," explains local AFS chapter coordinator, Astrid Lamparter-Nowak.

While life in the US may not be as different from life in Switzerland as it is in other AFS destinations such as Ghana, Jordan, Thailand, or Turkey, Julian notes fundamental distinctions. "In Switzerland, school is all about academics. We go to school for classes only. We even go



home or into town for lunch. There are no sports teams, we play on club teams instead, and no extracurricular activities," he explains. "Students do not wear gear with the name of their school. School spirit doesn't exist."

Julian points to broader societal differences as well: "The US is a more friendly, open culture. When you pass someone you don't know in Switzerland, you don't say 'hi' as people do in the US; that would be considered weird." Julian also comments that he enjoys a wider array of food selections here, with his personal favorites being Mexican cuisine, American ice cream, and the quintessential American hamburger at Five Guys Burgers.



Enjoying family time in the Stolle/Andrews household



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AFS Intercultural Programs

Of course, Julian misses aspects of Swiss culture, particularly biking or taking public transportation most everywhere he wanted to go locally. "In Wellesley, I have to ask for a ride to friends' houses, and I feel bad bothering my host parents," explains Julian. Fortunately he has made new friends through the novel experience of playing on school teams—both the WHS varsity soccer and varsity ski teams—as well

SIX BENEFITS OF STUDYING ABROAD

(Adapted from AFS's website)

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as in his academic classes. And while Julian misses his friends in Switzerland, he stays in touch through Instagram and WhatsApp text messages, since neither one incurs charges beyond the standard Internet data plan.

Welcome an AFS Student and a Broader Worldview

Julian lives with host parents Ria Stolle and Langdon Andrews and their teen daughters Kayla, Faith, and Loren. For several years the girls had been asking to host an exchange student, but their parents, busy with demanding careers, were ambivalent. Since all three sisters were unwilling to give up their rooms, it wasn't until Kayla graduated from high school and decided on a gap year of travel that hosting a student was even a possibility and that Ria and Langdon finally looked into AFS in earnest.

They read profiles of AFS students from around the world who wanted to spend a year in the US and were impressed by the caliber of the students. "These are motivated students willing to return home and be a grade behind, as their year in the US does not count in their home country," explains Ria. The AFS staffer Ria spoke to suggested they host a boy for a year. "I thought having a boy in our family would be a bonus learning experience in addition to gaining a broader perspective on the differences in people's lives," says Langdon.

The family picked Julian because of shared interests in soccer and skiing and his apparent mellow personality and good sense of humor. Their impressions were correct. "Having Julian as part of the family feels as if we hit the jackpot," says Ria. "We are going to miss him a lot when he goes home."

About five years ago, the Novakoff Susser family of Weston hosted an AFS student from Zaporizhzhya in Ukraine, the country from which Karen Novakoff 's paternal grandfather emigrated in 1913. "I try to expose my daughter Sarah to as many experiences as possible to get her out of the bubble we live in," explains Karen. "Since Sarah is an only child, I thought having an older role model would be an added benefit of welcoming a student into our household."



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S Intercultural Programs

Jan Nowak (far right) with host mom Noi, host aunt Tante Heinke, and host uncle Onkel Gunther

Connecting Lives and Sharing Cultures

Jan Nowak experienced AFS before stepping on a plane for a school year in Germany. Throughout his childhood, he had heard his mother, Astrid, recount stories about her time as a German AFS exchange student in South Africa during the early 1980s. And, when he was in fifth grade, his family hosted an AFS student from Paraguay.

Jan participated in the US State Department-funded exchange program, Congress-Bundestag Youth Exchange (CBYX). The US Congress and the German Parliament launched the program in 1983. Each year, AFS hosts 57 German scholars in the US and provides scholarships to 50 US high school students from the Northeast to spend a year in Germany. As one of those fortunate 50 students, Jan lived in the north of Germany about 285 miles from the Danish border. His host family—the dad German and the mother Thai—had an empty bedroom because their daughter was an AFS student in Finland.

Jan relished the freedom of riding his bike to and from school and using the safe and efficient public transportation tram system, which, interestingly enough, Julian spoke about missing

during his stay in the US. Jan enjoyed playing in a men's division club volleyball team, just as Julian had played in a club soccer team in Switzerland. Jan savored the sausages and white asparagus and the Christmas markets. And, he improved his command of the German language to the point that his Germanborn mother comments, "He now sounds like a native."

The only trade-off Jan acknowledges beyond missing his friends back home during his ten months with AFS abroad is the fact that he won't graduate with his high school class, since he repeated his junior year at Wellesley High School.

INTERESTED IN HOSTING A STUDENT?

- VISIT www.afsusa.org/host-family/
- CALL 1-800-AFS-INFO
- EMAIL local chapter coordinator Astrid
 Lamparter-Nowak at alnowak@comcast.net

INTERESTED IN STUDYING ABROAD?

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- CALL all 1-800-AFS-INFO
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- Lamparter-Nowak at alnowak@comcast.net



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■ FUTURE LEADER'S EXCHANGE (FLEX) – Scholarships annually for students from countries of the former Soviet Union to Study in the US

■ NEED AND MERIT-BASED country, region, and state-specific scholarships are also available

"Before I left for Germany it was hard to accept, but now I am okay with it," says Jan.

Another Wellesley High School student, Lily McRae, chose to spend one semester of her sophomore year as an AFS student and therefore will be able to graduate with her class. She chose France for her January to July adventure due to fond memories from her visit with her dad when she was eleven years old. Lily heard about AFS during WHS' Seminar Day, but, unlike Jan, Lily had to convince her parents to let her experience life in another country.

Whether high schools students or recent graduates choose to participate in AFS for a summer, semester, or school year and whether they choose to live in a country in Africa, Asia, or Europe, they can be assured of a life-changing experience that fosters understanding and tolerance among world citizens. Just think about the double benefits of making the world a better place while having the time of your life. Sounds as if it's an offer too good to pass up.

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Making Busy Look Good

CHERYL FENTON writer

let's face it. You make busy look good. You zip through full calendars in style, seamlessly transitioning from career-boosting presentations to after-school parent-teacher conferences to cocktail hours for your most loved philanthropic endeavors.

Little did you know, you and your fellow do-itall superwomen are the muse for long-time Weston resident Dorian Lightbown's designer knitwear line.

"My inspiration for starting NIC+ZOE came from all the women I would see working in Weston. [My son and daughter] Nick and Zoë's doctors, teachers, librarians. They were all working women who wanted to look professional but didn't want to wear a black suit," explains Lightbown, founder and COO of NIC+ZOE. This knitwear company boasts distinctive colors and patterns, feminine textures, and soft neutrals. What's your pleasure? A signature twirl dress, a lazy day tunic and soft Wonderstretch pant, or a cozy cropped cardi atop a flirt skirt? They have it all.



Widely recognized as one of the leading knitwear designers in women's apparel today, Lightbown wanted to shake the notion that a jam-packed day required outfit changes. Who has time for that? Zoë Chatfield-Taylor and Dorian Lightbown

After studying apparel design at New York City's Pratt Institute, earning a BFA at Rhode Island School of Design, and walking a knitwear design career path from Mast Industries (The

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ROOMSCAPES LUXURY DESIGN CENTER TRANSFORMING HOMES ONE ROOM AT A TIME SINCE 1977 | ROOMSCAPESING.COM | 781.616.6400 Limited) to Sigrid Olsen, she found few lines balanced comfort with style. Going from a full day through to evening just wasn't possible.

Taking matters into her own hands, she launched NIC+ZOE in 2005. When the first collection shipped Spring 2006, busy style-minded women everywhere heaved a collective sigh.

"Every collection is designed to dress women for all aspects of their lives, eliminating the need for an outfit change in the middle of their busy day," Lightbown has said of her label. She believes this should be a driving factor when building your wardrobe. Read: It's possible to reclaim your inner power and femininity. You can be a working mom and still be sexy.

Perhaps it was her own working mom status that gave birth to this idea. She even named the brand after her two children, Nicholas and Zoë, as a testament to how family and work can happily comingle.

"My earliest memories are of being put to bed, Van Morrison being put on her stereo, and [mom] working into the night," says daughter Zoë Chatfield-Taylor, who lives in Dorchester and is planning her September wedding to her Weston High sweetheart. "She is incredibly



Boston's Top 20



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passionate and dedicated. I learned at an early age that fashion isn't necessarily the fantasy that everyone thinks it is. It's hard work. At some point I realized that most households got *The Boston Globe* in the mail, not *Women's Wear Daily.*"

"Zoë loved it," says Lightbown of the family life and career collision. "When she was younger she thought it was so cool she could wear something with her name in the back. Nick is still wondering what happened to the 'K."

Together Again

A 17-year-old high school senior when NIC+ZOE first began, Chatfield-Taylor is back in the fold. The knitwear company became even more close-knit when she joined the team in 2009.

After a year of studying at University of Connecticut, she moved to Los Angeles to attend the Fashion Institute of Design and Merchandising. Upon graduation, she moved back east to work at NIC+ZOE.

"It was too close to me with my mother's profession to consider working in fashion initially," Chatfield-Taylor explains. "It took stepping away from that world and feeling lost at UCONN to



want to study something that I loved and could truly apply to the workplace. I realized I wanted to be in the industry."

As Director of Merchandising, she works closely with the product, from guiding the design team in their needs for each collection to getting the line ready for market. She also works closely with her mother, a momdaughter dynamic that others in NIC+ZOE have called endearing.

"We trust each other, and it feels very natural," Chatfield-Taylor continues. "We partner on a consistent basis to develop the collections and work together almost every day."

Collection Inspiration

For Lightbown, style-comfort connection is a four-letter word—knit. She manipulates textures and yarn to create innovative 12-month knits that are as cozy as you need them to be in New England winters, yet equally as appealing in warmer seasons.

"I love knits," she says. There's a sense of irony when you learn Lightbown's southpaw status meant hand-knitting lessons from her grandmother usually ended with frustrated backward knits. "They add so much style to one's wardrobe and are so comfortable to wear. The NIC+ZOE woman lives in knits because they move with you, go effortlessly from desk to dinner and coffee to cocktails, and are timeless. Knits never go out of style and will always be the first thing women reach for in their closets." "We strive to show the world that Boston fashion is more than red shorts and boat shoes."

- Dorian Lightbown

Although a showroom in New York City's Fashion District is where they show off to buyers and editors, Natick is Lightbown's creative playground. As the company's headquarters, this location houses the design studio, corporate offices, and distribution center. The team of ten designers and four technical designers brainstorms collections with the excitement of each being their very first.

"I think all designers love to start a new season," says Lightbown. "I start with inspiration. It can be a picture, a vintage dress, an article, a new show. Something that catches your eye that looks new and fresh. It starts a spark."

Collections are given clever and revealing names, such as Tundra Wrap, Winter 2014's playful interpretation of a Russian tundra experience with a punk inspiration, or this spring's Tribal Nouveau, full of deep impact lines with pops of fire and nectarine. They recently also introduced "colored neutrals," NIC+ZOE's version of the basics. Everyone knows beige and khaki, but Lightbown created a sand shell and mushroom as her take on those.



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business "people are taking notice"

Visually drawn to designers with a feminine edge (think McQueen, Alberta Ferretti, and Valentino), Lightbown herself lives in NIC+ZOE.

"I usually get dressed thinking about new proportions, pairings, or color mixes that we're working on for the coming seasons. We love to 'live' in what we are designing," she admits, noting her favorite piece was the Antibes Skirt of years past. Chatfield-Taylor, on the other hand, loves their denim tops and knit jackets, as well as the newly designed Drift Away pant. "They're perfect for the office, but feel like you could do yoga in them," she says.

Tomorrow's NIC+ZOE

While locals find pieces at Nordstrom and Lord & Taylor or smaller retailers such as Wellesley's Irresistibles or Bessie Blue in Belmont, NIC+ZOE now has its first brick-and-mortar store in the Shops at The Prudential. This temporary 2,800-square-foot space is known as "a learning laboratory." Not only can you fill your closet with their collection of signature





twirl dresses, popular Audrey tops, and graphic grid pants, but this is also a test spot for the line's newest concepts. The Home Collection is one such recent addition, creating pillows and throws from yarns and textures from current collections.

It's clear that, with all this fashion-forward growth and development, people are taking notice. NIC+ZOE was in the limelight recently when it was tapped by The Greater Boston Chamber of Commerce as one of the top ten small businesses of 2014.

"It was such an honor," says Lightbown. "With the launch of our Prudential Center pop-up store, we're bringing NIC+ZOE into the city." And not a moment too soon, as we are poised on the heels of summer. "We strive to show the world that Boston fashion is more than red shorts and boat shoes."

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Leslye defines Metro West. She was raised in Sudbury, graduated from Babson College in Wellesley, and has lived in Weston since 1992. Her community involvement is unparalleled. Leslye's professional background includes a 15 year career in high-tech sales where she earned a

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One for Health

JENNIFER BLECHER writer



the founders of the One for Health Foundation, Thomas Miller and Bruce Campelia, are on a mission to change the health and economic stability of the country by educating children about the fundamentals of nutrition and physical wellness. Sound ambitious? It is. But Miller and Campelia are not the type of people to shy away from a challenge. They are lifelong athletes who know how to achieve their goals step by step, child by child. And with One for Health, they are already making an impact in the local community.

Miller, a resident of Wellesley, and Campelia first met as teenagers at middle school in Weston. They stayed in touch through the years and almost six decades later they found themselves training together for a biathlon called the "Wildman." (Their only goal for the event: survival). After one particularly grueling session that involved a bike ride and run up New Hampshire's Wildcat Mountain, Miller and Campelia were enjoying a well-earned evening of



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recovery and relaxation. Sitting in two rocking chairs on a porch overlooking Lake Winnipesaukee, they started talking about how important health and exercise were to their lives. They talked about the epidemic of childhood obesity, the effect it was having on future generations, and the enormous financial burden it was putting on America. Finally, they talked about how they would like to do something to change the course of this problem and make a positive impact. Just a short time later, One for Health was born.

Combining Miller's background in advertising and branding with Campelia's expertise in public health, the men started brainstorming both a name and a symbol that would represent the message that they hoped to send—that health is the one thing that matters. They landed on the idea of a single water drop, to represent not only the health benefits of water, but also the idea that a single drop of water can have larger ripple effects.

Miller and Campelia knew from the start that they wanted to focus their educational efforts on the younger generation. As Campelia explains, "If you get the kids young, it's like getting a tree young: you can guide it. That's where we can make long-term changes for the country." But at the same time, Miller and Campelia knew educating children would also have broader added benefits to entire families. "We knew if we started with the kids, we could get parents and adults mobilized," says Miller. "Because adults will change for their kids, but they won't do it for themselves." They cite the enormously successful campaign to end smoking as evidence of this phenomena. "When it came out that smoking will kill you, a certain number of people stopped smoking," explains Campelia. "But the big game change was when it came out that smoking affects other people. That it affects your kids."

With a mission in place, Miller and Campelia began to think about concrete ways to achieve their goals. They ultimately came up with a







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"the kids are really taking to it"

right foods to eat and what foods aren't. That's all because of One for Health."

But Miller and Campelia know that long-term success will come not only from making an impact on children, but also by creating a self-sustaining nonprofit organization that will be able to financially afford to do good for many years to come. "We want to create a winwin situation for everyone: the busi-

seven-week course centered around topics like yoga, organic foods, exercise, and the mind-body connection that is taught by several instructors in the various fields. The course can be given as a whole or broken down into smaller sections. "Since we're working with kids, fun is the name of game," says Miller. So instead of a standard lecture about the negative health effects of soda, they conduct demonstrations where kids actually place seventeen scoops of sugar into a glass of water to represent the sugar content of soda. When explaining the difference between natural and processed foods, they bring in eggs produced in different environments and crack them open to compare the yolks. They instruct children to visualize certain negative experiences and prove how simple thoughts can make a body physically weaker, and they teach children how to read labels and look for terms like "preservatives" and "additives." "This work plants a seed in a child's head," says Campelia. "So that the next time that child goes to a supermarket, he thinks about how to shop in a supermarket and how to read the labels."

Most of One for Health's educational programs are currently taking place at local Boys & Girls Clubs, where they have been very well received by children and staff. "The kids come to us straight from school with lots of energy," says Chris Crombie, the Program Director at the Watertown Boys & Girls Club. "One for Health does an amazing job of harnessing that energy and putting it to good use, because all their programs also provide a great educational twist. And the kids are really taking to it. We hear them talking about what foods are the

nesses, the families, and the kids," says Miller. "Because if not, it's not going to work." In the hopes of fostering more corporate partnerships, they are planning a healthy foods scavenger hunt at the Whole Foods in Dedham and an event called WellComm 2015, which will celebrate all their work so far, showcase their programs, and have an award ceremony for the local child who shows the greatest activity level, as recorded by an odometer. "We are always going to remain flexible," says Miller. "We are not trying to push anything on anyone. If we can find something that we feel is more impactful that helps us reach the kids to make a lasting change, then we'll change."

Their ultimate goal is to roll their One for Health programs out nationally, but Miller and Campelia know that will not be an easy feat. "This is the hardest thing I've ever done," says Campelia. "One for Health is a start-up, but it's a nonprofit start-up. So we're doing it the same way you do a start-up, with sweat equity, whatever time we have, and creativity. And we have such big dreams." Still, Miller and Campelia never forget that the key to making their big dreams come true is focusing on the individual child. "This is a challenge we can win at," says Miller. "We know that if even one person changes their health in a positive way, other people will be impacted by that and it will spread on its own." Both men grow very serious as they reflect

on this. "Even if I can make one positive change in a child, I can sleep at night," adds Campelia.

TO LEARN MORE, visit www.oneforhealth.org





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The Wellesley Hills Woman's Club Celebrates 125 Years

PATTY LENZ BOVIE writer



in 1890, just nine years after the Town of Wellesley was founded, there were no cars, no phones, no movies, and no opportunities for women to socialize, except at church. In an effort to fill the social void, Mrs. Helen Ford Bradford and Mrs. Joseph E. Fiske formed The Wellesley Hills Woman's Club (WHWC) to provide a way for women to connect with each other and serve their community. This year, the WHWC is proudly celebrating its 125th anniversary, and it continues to be an active organization made up of older women who care deeply about their town.

These days, it's easy to take coffee shops, health clubs, and "girls' nights out" for granted, but in 1890 the WHWC provided the only social outlet available to women in Wellesley, which is

Wellesley Hills Woman's Club members gather for the organization's 75th birthday in 1965



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top: Officers of the Club in 1950 **bottom:** Three charter members and the oldest member of the WHWC in 1940

works "educated, intelligent women"



why it grew so quickly. The Club was formed with 21 charter members and its own constitution and handmade gavel. Meetings were held in the parlor of the Unitarian church on Washington Street once a month on Wednesdays – which has continued to this day – and members found a way to get there, even if they had to ride their bicycles in their fine clothes and fancy hats.

While the world has changed in the past 125 years, the spirit of the organization has not. It unites women from Wellesley and surrounding towns and helps to unify their common interests and foster discussion with monthly programs about music, literature, education, nature, and current events. "Our monthly programs are not your grandmother's slide show," says Jane Kettendorf, past WHWC pres-

WHWC's Timeline

- 1890 WHWC founded
- 1892 Founded first Vacation School for local children
- 1896 Founded Wellesley's first kindergarten
- 1898 Started evening division of club, which became Wellesley Hills Junior Women's Club
- 1899 Founded the Friendly Aid
- 1908 Brought Elm Park to Wellesley
- 1910 Established school lunch program
- 1912 Created first branch library
- 1912 Created first community center
- 1917 Created first town directory
- 1917 Create first Parent-Teacher Association
- 1927 Had 550 members and a long waiting list
- 1977 Donated items of historical value to the Historical Society
- 1992 Donated a cherry tree to Simons Park
- 2004 Donated to Kids on the Block program (for children with disabilities)
- 2014 Donated six mannequins for use in CPR program

ident and current co-publicist for the club. In the old days the organization attracted such prominent speakers as Booker T. Washington and Julia Ward Howe. More recently they've had William Martin and Hank Phillippi Ryan. "Our club is made up of educated, intelligent women who still come together once a month to enjoy an interesting program and an elegant luncheon with lace tablecloths and real china," adds Kettendorf.

Members pay annual dues of \$50 a year, which includes monthly meetings and luncheons at the Wellesley Community Center, as well as an annual event at the Wellesley College Club. All programs are free of charge, open to the public, and newcomers are always encouraged to attend.



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good works "an incredible history"

Toni Connolly (left) and Jane Kettendorf at a recent WHWC luncheon.

a modest beginning in 1914, when \$200 was given to one student, club members have given scholarship aid continuously for 100 years. Over time, they have been able to increase their donation amounts and the number of recipients. This year, in honor of the 125th anniversary, the club donated \$5,000 to each recipient.

"It's a lovely group of women," says Toni Connolly, club co-publicist and a former English teacher. "We represent old Wellesley. We've raised our children here and have been active in this club since we've been young women. Before women had careers

Beyond the monthly programs, the WHWC makes significant contributions to Wellesley, which it has done since its inception. In 1910 WHWC established the school lunch program, which lasted for 19 years, until the town assumed the responsibility. All club members took turns purchasing food and preparing, cooking, serving, and cleaning up lunch for about 500 students a day, at no charge.

In 1929, the club established the Wellesley Hills branch library at 210 Washington Street. They donated the books and furniture and reached out to Isaac Sprague, who provided the house where the library still resides today. Sprague also offered the women a barn to use for civic purposes, which became the town's first community center. "The Barn" evolved into a center for dance classes, story hours, the Boy's Club, Campfire Girls, Girl Scouts, various town committees, and the Village Improvement Society.

In its lifetime, the WHWC has donated hundreds of thousands of dollars and work hours to worthy causes. But the club's primary interest has been scholarship aid for Wellesley High School graduates. From of their own, volunteer work was our life. This club has made amazing contributions that many people aren't aware of, and it has shaped much of Wellesley's history, including spawning the Wellesley Hills Junior Women's Club."

Over the past 125 years the WHWC has contributed enormously to the town of Wellesley in a quiet, consistent way–from creating the first town directory and PTA to donating historical items to the town and mannequins to the fire station for their CPR program. The club has an incredible history – from building schools, libraries, sports programs, and a community center, to being the only organization in Wellesley that supports its scholarship recipients through their entire four years of higher education.

"The Wellesley Hills Woman's Club is not just about tea and cookies – it's so much more," adds Connolly, "and we hope people will stop by one of our Wednesday meetings to see what it's all about. The women who created this club were true pioneers and visionaries and we want to continue their legacy."

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Helping Young Hearts Heal

HEARTplay sm and Camp Erin help children grieve together

BETSY LAWSON writer



charlotte halloran of Weston still remembers the sand tray she and her sister Sydney made as part of HEART*play*sm at Parmenter Community Health Care in Wayland more than a decade ago, after their mother died. She used the character Belle from *Beauty and the Beast* to represent herself in the scene she made on the colored sand.

"The sand tray is such a vivid memory. It was the first time I really opened up about what was happening," Halloran said. She and her sister have been connected to HEART*play* ever since, as has their father Michael Halloran, who still lives in Weston and serves as Chair of the Parmenter Foundation, as well as Treasurer of Parmenters' Board of Trustees.

Michael Halloran said seeing the sand trays, those many years ago, helped him begin a conversation with his daughters about how to keep the memory of their mother "alive in their hearts," while moving forward in their lives without her.


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"Children say a lot of things without using words," he said, and adults need to learn to avail themselves of the more subtle ways of understanding and supporting grieving children as they grow.

That's why HEART*play* is designed as an ongoing program for children to begin as young as three and stay connected to throughout their teen years, explained Jennifer Wiles, the program's director. A licensed mental health counselor and dance therapist, Wiles said each HEART*play* session is designed to help children tap into their feelings by first grounding them in their physical bodies and then expressing themselves through a hands-on project. Workshops meet one Saturday per month and participants are grouped according to age and grade. Each session centers around a theme, usually tied to a holiday at that time of year. Children take an art project home with them that they can share with their families, such as a valentine for the loved one who died, or a holiday ornament.

"When you talk about the grieving process, it should incorporate the remembrances of the happy times, and HEART*play* activities help children remember these things," Wiles said.

Most children, and parents, arrive to their first workshop a bit anxious, Wiles said, unsure of what to expect. That's why she always makes a home visit first, to introduce herself and learn a bit about the family's situation. Meeting Wiles ahead of time helps create a comfort level for a child coming to HEART*play* for the first time. So, too, does having an assigned teen mentor. Wiles said teens arrive early to help set up and stay afterward to put things away. This service work time also provides a chance for teens to share with one another about what's going on in their lives. Even if they lost a parent or sibling many years ago, each stage of growing up brings new challenges and milestones, such as getting a driver's license or going to the prom.







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Often it is through Parmenter's Hospice services that the connection is made. Based in Wayland, Parmenter serves many of the surrounding communities with HEART*play*, including Wellesley and Weston, but children all over the greater Boston area can participate. All HEART*play* services are offered free of charge.

Children and teens need to be around peers who have also experienced a significant loss, because young people grieve differently than adults. Talking concretely about their feelings may be beyond their grasp, but that does not mean they are not aware of their loss, Wiles said. "Even infants experience grief if separated from a caregiver."

But when left with a vacuum, children will turn to "magical thinking" to explain their circumstances, very often taking on blame for what happened or fear that something bad will happen to the surviving parent or sibling(s). "They will ask the same questions over and over," Wiles said; it's just how children process things. If a parent or sibling died of an illness, they will need lots of reassurance they are not going to get sick, too, or that others in the family, particularly the surviving parent if it was a parent who died, is not going to leave them.

There are informal parent support groups that run concurrent with the HEART*play* sessions, Wiles said, where issues such as these can be shared. Parents of older children may be able to share about their understanding of how their child's concept of death and dying has changed over time. "Children can feel two things at once and they shift from one emotion to another much faster than adults," Wiles said, "from feeling intense one minute to being excited to play outside with friends the next." HEART*play* taps into this energy by mixing art and physical activities, as well as the chance to talk about the loved one who died.

Most HEART*play* sessions start with a game involving a big, colorful parachute that introduces the day's theme, such as "weathering the storm" in March. Each child takes a turn sitting under the center of a large parachute and sharing what he or she is doing to "get through a hard time" as the parachute is shaken by the other children on the periphery.

The session's art project might then be to make a snow globe. Each child creates a scene under the dome and is able to shake it up and watch the chaos settle down to tranquility. Wiles said it symbolizes standing strong during tumultuous periods.

When it's time to talk, there is always a heart-shaped object passed from one speaker to the next, signaling who has the floor. Discussions may start with a simple question such as what is your favorite ice cream or animal, before delving into more personal questions about the loved one who has died. Wiles said the goal of the program is not to make children "professional grievers" about their loss, but to integrate their love and fond memories into the lives they are continuing to live.



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Charlotte Halloran was active in HEART*play's* new support group for college students while at Tulane University. She graduated in May and will be volunteering again this summer at Parmenter's Camp Erin Boston, an overnight camp for children and teens ages 6 through 17 who have experienced the death of someone close to them. In its third year, the three-day, two-night experience combines traditional camp activities with grief education and emotional support facilitated by bereavement professionals and trained volunteers. It takes place in August at Camp Bauercrest in Amesbury, Massachusetts, and, like HEART*play*, is free to all participants.

Camp Erin is a national program developed by the Moyer Foundation. The Moyer Foundation provides a proven organizational model as well as seed money over a ten-year period. Wiles has recruited and trained some 200 volunteers for Camp Erin Boston. Events such as the annual Hoedown at Wolbach Farm to be held in Sudbury on September 26, 2015 raise money for Parmenter's children's bereavement programs.

Cathy Nicholson of Weston has volunteered for the past two summers at Camp Erin and will again this year. "Camp is just such a wonderful medium," Nicholson said of the fun had by children and adult volunteers alike. "Beside a love for children, I think two of the most important qualities of a volunteer at Camp Erin are a sense of empathy and an ability to listen."

Her first summer she was paired as a Big Buddy to a seven-year-old



girl who had just lost her mother. They were in the "Purple Horses" cabin and did a variety of light-hearted activities together throughout the weekend, such as creating an enthusiastic cabin cheer and painting their nails purple.

But there were also the very poignant, deeply moving times when loved ones who had died were talked about and honored, Nicholson said.

A highlight was the luminary ceremony Saturday night, when each camper decorated a candle in remembrance of their loved one and set it upon a raft at sunset. As all the candles were lit one by one and then floated out on the lake, three counselors sang a song that wove together each camper's words of remembrance they had shared over the weekend. "It was magical and very moving when, just as one of my campers lit her candle in memory of her twin brother, her words in that song about him were sung."

Participating in Camp Erin has been a healing process for Nicholson, too, who lost her own father when she was seventeen and wishes such a wonderful resource as Camp Erin had been available to her younger three siblings and her. "Campers go home realizing it's okay to talk about it." WW

FOR MORE INFORMATION about or to donate to HEARTPLAY or CAMP ERIN BOSTON, visit www.parmenterfoundation.org or contact Jennifer Wiles directly at jwiles@parmenter.org or 508.358.3000 x244.



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Making the Grade A+ for Weston's New Field School

CHERYL B. SCAPARROTTA writer

matt lucey, principal of the Field School in Weston, always knew when it was going to rain — without having to check with meteorologists.

"When a bucket appeared in my office, I knew rain was in the forecast," he recalls. "The old Field School was beset by a number of problems, including crumbling walls and a leaky roof, so the maintenance staff would strategically place a bucket under a leak near my desk."

That was then, this is now.

Last summer, Lucey and his staff moved out of the circa-1950 Field School building into a state-of-the art structure built adjacent to the old one. The new 65,400-



square-foot edifice houses Weston's fourth- and fifth-graders, and it was constructed with an eye towards flexible use of space, collaboration, and sustainability.

"This building gives our faculty and students a gateway to 21st-century teaching and learning," Lucey says. "We also wanted a sense of community and connectedness with natural sunlight and access to the outdoors."

After two years of construction, the \$31 million structure replaces the old one, and in a big way. The new school features two classroom wings and centralized music, arts, and support spaces, with abundant natural light flowing throughout. Elementary as it may sound, a dedicated cafeteria and kitchen are exciting additions to the Field School — because the old structure had neither.



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Energy-efficient design is evident anywhere you look. The kitchen was designed for environmentally sound practices, including the elimination of Styrofoam and limited dependence on single-use plastics. The layout also cultivates greater connections with the farm-to-school food program.

Throughout the building, an HVAC system reduces humidity in hot weather. "It's an added benefit not just for students, but also staff," the principal says. "We can host teachers from the entire district here for summer training sessions, and it leaves open future possibilities for year-round education."

Some might say the involvement and project oversight by Weston's superintendent, Dr. Cheryl Maloney, is a fitting last act before her retirement in June. Her brilliant 30-year career in Weston is bookended by her collaboration with Lucey—she mentored him in 1993 at Weston High School when he first joined the district. "It's a great source of pride that I was superintendent when the entire project came together," Maloney says. "We had tremendous cooperation among the designer, project manager, and the construction company. Having the Weston Permanent Building Committee involved was an asset, and the School Committee was simply phenomenal."

The Apple of Their Eye

Right on schedule, doors opened last September for the first day of school.

"That morning, we were operating on all cylinders, with no break in services — we were ready to go," says Lucey. Long before opening day, Maloney set the expectation that the previous school year was the time to purge old materials and tools from the former structure. In fact, teachers and staff moved into the new building by the end of June 2014, well in advance of the 2014-2015 academic year.

Over 300 students arrived in September 2014 to see a welcoming arrangement of flexible classroom configurations, outdoor teaching spaces, and courtyards filled with native plantings.

And as if to prove the school's functionality on its very first day, the art department held classes outdoors and asked students to render the amphitheater courtyard.



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But perhaps the best gauge of success is student reaction.

"My son told me he was freaking out when he got off the bus the first day of school, saying, 'This is the sickest school in the world!'" reveals parent Wendy Chandor. (Disclaimer: sick = great.) "He says that every single thing in the new Field, from the chairs to the class-



Children | Family | Business

"organized, clean, and open"

rooms to the bathrooms to the gym, is nicer and high quality."

Another parent says, "My daughter finds the space to be organized, clean, and open. She likes the cafeteria, enjoys lunch more, and, for her, settling down for a good lunch makes the afternoon more conducive to learning."

"You can tell how proud they are to be there," Chandor adds. "My son recently told me about breakout rooms where kids can work in a smaller, quiet location. I love hearing these sound bites about how they're using the new space. It's a very positive, focused environment."

AVID LENA

"There's energy we always had at Field, but now it's unbridled," Lucey confirms.

"I have a document that we put together pre-construction; and it strikes me that the list of things we described as 'wants,' is met by this building in various aspects," Maloney emphasizes. "The building supports STEM initiatives, environmental education, and themes of global education like inclusion and citizenship."

Students were excited to see that every classroom contains a set of Google Chromebooks to use for composition, editing, and shared work.

"As I walk through the classrooms, I see kids with Chromebooks, working on a document," says Maloney. "The laptops are what they should be - a seamless tool for education. Kids are getting an introduction

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Now and Zen

Technology aside, Maloney says that, from almost any vantage point in the school, the views are amazing. "Whether students are glancing out across Alphabet Lane, or across the old site to a series of trees and School Street, it's calming, and it's affirming of a supportive learning environment," she points out. "Between abundant sunlight everywhere, and thoughtful placement of key spaces like the library/media center in the middle of the building, it all supports creative thinking."

The Field School was built as part of a greater campus project that cements physical connections between the town library, the Recreation Center, and the Council on Aging. "With sidewalks already connecting some buildings and more to come, we intend this to be a community for all ages," Maloney says.

In fact, community excitement and involvement extends in many directions. Last fall, the Weston Community League Garden Club bestowed a garden arrangement upon Field's campus.

"All of our highest hopes have been attained," Lucey adds. "We have a building that meets our expectations and beyond, and there are aspects we weren't anticipating, such as the soothing sound of rain pitter-pattering off the skylights."

Oh, in case you're wondering ... Lucey's rain bucket is in permanent storage.





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Ms. G's Shadowy Road to Fame

NAZ SIOSHANSI writer

If Candlemas be fair and bright, Winter has another flight. If Candlemas brings clouds and rain, Winter will not come again. — Old English Saying

after the winter that the Boston area experienced in 2014/15, any forecast of spring is listened to with care — particularly one that predicts a faster return to warm weather. And that is what Massachusetts' state groundhog, Ms. G, did! Unlike her pessimistic friend in Philadelphia, Punxsutawney Phil, who saw his shadow, Ms. G, a resident of Drumlin Farm, did not—giving all of her fellow state residents a sigh of relief. (Granted, Groundhog Day 2015 witnessed another major snowstorm for the Boston



area—making all shadows hard to see. Perhaps this can be seen as the silver lining?) Ms. G became the official state groundhog for Massachusetts on July 31, 2014, when Governor Deval Patrick signed the "Ms. G Bill" into law. But her journey to legal fame started seven years earlier when Mish Michaels, meteorologist and Wellesley resident, first suggested

to the Drumlin Farm staff that they consider creating a Groundhog Day festival.

"I have always loved the purpose of Groundhog Day. It was brought to the colonies by German settlers who substituted the traditional Candlemas hedgehog with a groundhog. It is the celebration of the midpoint of winter within a community. Everyone comes out to check in with each other and think about spring. There is a real beauty in it," shares Michaels.



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books "I have always been obsessed with the weather"

The Drumlin Farm team did heed Michaels' advice and started to celebrate Groundhog Day. In 2008, the first year of the festival, there were 25 people in attendance to witness the groundhog's prediction. Last year, there were 2,000.

As a thank you, the staff at Drumlin Farm asked Michaels to name the groundhog.

"I named her Ms. G because she was the first female forecaster of her kind," states Michaels.

This is probably, in part, due to Michaels' own history as one of the first female meteorologists and broadcasters.

"I have always been obsessed with the weather. My first childhood memory was of a tornado. I was in kindergarten and we were living in suburban Maryland at the time. My mother, being a tornado-experienced Midwesterner, had noticed that the sky had turned pea-green, the telltale sign of a tornado. She ordered me out of the bath. As I looked out the window, I remember wondering why the Atlantic Ocean was going by my living room windows."

The tornado turned out to be one of the strongest tornadoes to hit Maryland.

"The wind sucked up my big wheel and I never saw it again," laughs Michaels, who in later years would become a storm chaser for news stations such as The Weather Channel, for



whom she would fly into tornadoes and report on them.

However, while Michaels loved math and science, her original plan was to go to Cornell's Veterinary School.

"I hadn't seen women in that [meteorological] capacity, so I didn't think of it as a possibility."

But the summer before she left for college, she found herself reconsidering veterinary school. "As a horseback rider, I found that I didn't enjoy small animal vet work much. Then I watched one of my friend's horses die and I really started to reconsider."

The epiphany to become a meteorologist happened later that same summer.

"I was shushing my friends so I could count the seconds between lighting and thunder, when I had this real eureka moment that this is what I wanted to do. When I entered school that fall, I changed my major."

After college, she was elated to find a job in New England — reporting the weather at WMUR, Manchester's Channel 9 in New Hampshire.

"New England is a meteorological mecca. The Blue Hills Observatory is located in Massachusetts; it is the oldest continuously operating weather observatory in the US. Furthermore, just look at the last few months of weather here! Most meteorologists aim to work in New England."

At the young age of 22, her career really took off. "I was a broadcaster, meteorologist, and female. That was rare — which allowed me lots of career opportunities. I had hired an agent and was doing a tour of different possible stations where I could work, when I got the opportunity to work with my idol, Harvey Leonard, at WHDH Channel 7 in Boston. In fact, the story of the interview is funny. After the interview I was walked out by the head of the station. When he saw that my license plate was "T STORM", he laughed and I was sure I had lost the job for appearing too sophomoric. In reality, the opposite happened and I landed the job!"

Michaels went on from Channel 7 to The Weather Channel and then to WBZ.

Although she is retired from broadcasting, her role has always been larger than just TV. Her love of all things meteorological led her to be involved in educating people about the weather. In addition to numerous halfhour specials on TV, she has spent a lot of time in classrooms and even created an exhibit at the Museum of Science that is still there today.

"I always had the idea of nominating Ms. G as the official Massachusetts groundhog, but the time didn't seem appropriate."

That is, until Michaels' oldest daughter, Nalina Ashlee, entered kindergarten at the Hunnewell School in Wellesley.

"It was a great opportunity — there were interested teachers, students, and parents and a way to really help kids live the legislative system."



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books "creating this journey for Ms. G is, in itself, a celebration of community"

With her daughter's teacher, Ms. MacFarlane, there was a field trip to Drumlin Farm and a subsequent visit back to visit Ms. G. At that time, Michaels also reached out to Wellesley's State Representative Alice Peisch.

"Peisch loved the idea. She thought it was a great educational tool and a charming project. And so we began to have rallies in Wellesley for Ms. G. The Ms. G headquarters was built."

In January 2013, the students, by now in the first grade, had the opportunity to testify in front of a house committee on behalf of Ms. G.

"Ms. Rush, Nalina's first grade teacher, was instrumental in the students' testimonies. She helped the kids plan out and write what they wanted to say. The irony of it all is that when Ms. Rush was in the second grade, the third grade class in her school created legislation making the baked navy bean the Official State Bean. She always wanted to have been part of



that process and it feels like she got her chance through her students."

The children testified in front of the House Committee at the Wellesley Free Library, as the representatives were kindly accommodating enough to come out and make it easier for the children.

"The whole legislative process was a real education for me and the other parents-let alone the students," shares Michaels. The bill had to go through the House and the Senate and there were many stops in between.

Finally, during the summer of 2014, the students were invited to the State House to hear the senate proceedings on the Ms. G bill. The visit

concluded with a passing of the bill and the students getting "high fives" from the senators.

Michaels went on to capture the whole story of Ms. G's journey in a book that she self-published, called, Ms. G's Shadowy Road to Fame. In this beautifully illustrated children's book, the story is laid out with pictures of the students, teachers, and even Representative Peisch.

It is not surprising that Michaels is drawn to Groundhog Day, because it is a celebration of community. Her work in creating this journey for Ms. G is, in itself, a celebration of community.

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Historic Inns Close to Home

JANET MENDELSOHN writer



it's a peculiarity of human nature. We take for granted noteworthy places in our own backyards that others come from around the world to see. Take, for example, the historic inn. When was the last time you dined in a Colonial-era tavern? Or relaxed for a weekend in a Victorian home? If you don't have room for all of your visiting guests, need a temporary place to stay during home renovations, or simply need a change of scenery for a night or two, think about visiting one of these inns that boast a rich and storied history.

Longfellow's Wayside Inn is the oldest licensed inn in the United States

Longfellow's Wayside Inn, Sudbury

It had been years since I attended wedding and birthday celebrations at the Wayside Inn. I thought of it as a tourist destination. I'd forgotten its stature as the oldest licensed inn in the United States. I didn't remember the antiques in period rooms; the picturesque chapel, grist mill, and barn; and the schoolhouse credited as the origin of "Mary Had a Little Lamb."

Months before its upcoming 300th anniversary, I rediscovered the inn that predates the American Revolution and inspired one of our nation's most cherished literary works.

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In 1716, when David Howe doubled his two-room home to establish a tavern on the Old Post Road, he never could have known that business would help support four successive generations of his family including Ezekiel Howe, who on April 19, 1775 led the Sudbury militia to Concord. We know what happened there.

In 1862, Henry Wadsworth Longfellow was dining at Howe Tavern where its cozy atmosphere and stories he heard from fellow guests inspired him to write *Tales of the Wayside Inn*. The series of poems, including "The Landlord's Tale: Paul Revere's Ride," brought the poet and the place (as well as Revere) to national attention, and led the tavern's next owner, a wool merchant named Edward Lemon, to officially change his inn's name. Auto manufacturer Henry Ford bought the inn from Lemon's widow in 1923, becoming its last private owner. Then

excursions "cozy atmosphere"

Since 1960, Longfellow's Wayside Inn has been a nonprofit Massachusetts Historic Landmark

Ford acquired surrounding land, relocated several historic buildings and brought in artifacts to create a living museum of American history. Upon his death in 1947, the central 125 acres was placed in a nonprofit trust.

Artist Childe Hassan, who visited the inn in 1882; Charles Lindbergh, a guest in 1928; and former president and Mrs. Calvin Coolidge, who stayed in 1930; are among past guests. Also in 1930, John D. Rockefeller came for lunch and to collect ideas for his new project, Colonial Williamsburg.

Since 1960, Longfellow's Wayside Inn has been a nonprofit Massachusetts Historic Landmark. It is self-sustaining, reliant on income from its hotel and restaurant operations, and conducts educational programs for all ages.

"There are elements here from all phases of American history, from the Revolution through the Civil War and the present, although we home in on the revolutionary period," notes Steve Pickford, the eleventh innkeeper. Honoring its heritage, Pickford brought back foxhunting (minus guns and chasing only fox scent) in 2014. The grounds are perfect for the sport, a carryover from the British tradition that ended in 1955.

The Wayside Inn restaurant is among the most popular in MetroWest for casual dining and special celebrations, hosting graduations, reunions, and more than 100 weddings a year. Open to the public for lunch and dinner daily, breakfast on weekends, and special events like wine dinners, Oktoberfest, Sinatra Night, bourbon and spirit dinners, and live music on Friday afternoons. In the original Tavern Room, grab a table by the fire, as Longfellow did, to warm a cold winter night.

Ten guest rooms in the main building offer comfortable accommodations. Not lavish by today's standards, the guest wing nonetheless is rich in colonial-era character.

Let me share my game plan with you!

SUN	MON	TUE	WED	THU	FRI	SAT		
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BAL 1:35 19	BAL 11:05 20	TB 7:10 21	TB 7:10 22	TB 7:10 23	BAL 7:05 24	BAL 7:05 25		
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The Inn at Hastings Park, Lexington

When my son and daughter-in-law from New York left their toddler with us overnight, they chose the new Inn at Hastings Park for a luxurious getaway weekend. They loved the thoughtful details, the warm welcome, and meals they rated "superb." Owner Tricia Pérez Kennealy will be pleased to know her vision has come to fruition. Several years



The Inn at Hastings Park has 22 guest rooms and is among the newest members of Relais & Chateaux

ago, the Lexington resident bought and renovated a gracious Victorian built in 1888, and two adjacent historic buildings including a barn rumored to be a former casket factory. She created an inn with 22 guest rooms blending original architectural details with deluxe appointments, and focusing on old-style hospitality tailored to individual guests. A graduate of Harvard Business School and Le Cordon Bleu in London, Kennealy opened the boutique hotel and its fine dining restaurant, Artistry on the Green, in 2014. It is among the newest members of Relais & Chateaux.

Traditional Americana gets a sophisticated, modern twist here, beginning in the main house where the front hall wallpaper is patterned with bold silhouettes. The living room's multiple seating areas feature inviting arm chairs, leather banquettes, muted colors, and patterned fabrics that make a pleasing contrast to the original fireplace mantle and a piano visitors remember from when this was the music room of the Dana Home for the Aged, from 1916 to 2010. Each guest room is different. Many have handmade wallpapers, non-working fireplaces, and contemporary four-poster beds. Amenities include Frette towels and robes, custom bed linens, and blanket throws hand-loomed in Maine.

Artistry on the Green seats 54 for breakfast, lunch, or dinner daily in a spacious room that's open to the public except on Mondays when it's breakfast only. Field-to-fork is the guiding principle here as the chef works with New England farmers and brewers to elevate comfort foods. Last August, The Boston Globe declared Artistry "sets the gold standard for creamy clam chowder." Chocolate pave is a favorite dessert.

Take a five minute walk from the inn to see the iconic statue of a Minuteman on Lexington Battle Green. Tour Buckman Tavern where the militia gathered early on April 19, 1775, and Munroe Tavern, used by the British during their retreat. Explore the town's array of small shops. Or head for Minuteman Bikeway, an 11-mile paved rail trail from Bedford to Cambridge that's also great for walking or crosscountry skiing, in season. No bicycle? Ask to borrow one from the inn.

It's a short ride along the Battle Road to Minuteman National Historic Park where walking and cycling trails roll past farm fields. In season, park rangers give history talks at historic buildings and the new Visitor's Center features an interesting multi-media retelling of how the Revolutionary War began. Or head towards Concord and Walden Pond where walking trails lead from a small beach to the site of Thoreau's cabin in the woods. A full-size replica is close to the parking lot and book shop. Parking lots fill early on summer weekends.

Concord's Colonial Inn

Walk up to the inn's front desk and look around. In April 1775, the room you're standing in was where the local militia stored arms and supplies. When British soldiers marched from Boston to Lexington and Concord, their mission was to seize and destroy those munitions.

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Forewarned of their approach, the Minutemen gathered half a mile away at the North Bridge where the "Shot Heard 'Round the World" was fired, and the War for Independence began. The former storeroom now connects two adjacent historic homes, making a single inn. One was a residence built in 1716 for the Minot family. During the war, it was a hospital after Dr. Timothy Minot converted a first-floor bedroom (Room 24) into an operating room and used another downstairs (Room 27) as the morgue. To this day, Inn staff and guests claim Room 24, among others, is haunted. Minot sold the other house to his son-inlaw. In 1799, it was bought by John Thoreau whose extended family occupied the home for four decades. John's grandson, Henry David, was a Harvard student when he lived upstairs from 1835-1837. One can only imagine what the Transcendentalist-environmentalist would think of the Thoreau Suite for honeymooners, with a king-sized Each guest room at the Inn at Hastings Park is different and many have non-working fireplaces and contemporary four-poster beds

bed and en suite with Jacuzzi. Most rooms in this section have original wide plank pine floors, wood beams, and antique and reproduction furniture.

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ter of Historic Places and a member of the Historic Hotels of America, Concord's Colonial Inn has a total of 56 guest rooms and suites. The Prescott Wing, a 32-room addition in 1960, is more modern. A separate Cottage has two, two-bedroom suites. Around the corner is Rebecca's Guest House with six one-, two- and three-bedroom suites with kitchens for large families or extended stay.

Much of Minot's residence now is Liberty, a three-part "gastropub" that serves excellent burgers and fries. Tables in the front room surround the fireplace that once warmed patients. The Forge Tavern, in a back corner, has a welcoming bar and live entertainment several nights a week. Between them is the small, dark Tap Bar, reserved for men only, until the 1950s. In summer, Liberty expands outdoors with tables on the long front porch overlooking Concord's Monument Square.

For fine dining, Sunday brunch, and special occasions, Merchant's Row serves American classics like Yankee pot roast and chicken under a brick. Afternoon tea with finger sandwiches and sweets is served twice monthly.

Famous guests have stayed here, too. John Wayne, Shirley Temple, Sandra Day O'Connor, Queen Noor of Jordan, and, more recently, actors Jason Sudeikis and Olivia Wilde who were filming in town. Hopefully they had time to walk to Concord's shops and galleries or visit the Concord Museum and the homes of Ralph Waldo Emerson and Louisa May Alcott who are buried nearby on Authors Ridge in Sleepy Hollow Cemetery.

11 Memories to be made on 20 public wai Photographer: Amy Martira



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From Farm to Table

Savoring the fresh tastes of summer

CLARA SILVERSTEIN writer



by the time summer arrives in New England, our soil has emerged from snowdrifts, thaws, freezes, and mud. The long wait for planting time makes the harvest taste all the sweeter, say chefs who build menus around local ingredients.

"Mother Nature has to take her time in New England," says Jeremy Sewall of Wellesley, chef-owner of Lineage, Island Creek Oyster Bar, and Row 34. "You earn each ingredient in each season."

Chef Dave Becker, owner of Juniper in Wellesley and Sweet Basil in Needham, looks forward to tomatoes and corn each year. "The rock stars of the farmer's markets are cherry tomatoes. They are only good for about six weeks. If you get corn from the farm stand and cook it right away, the flavors are better."

Fresh ingredients are just steps away from the kitchen for Todd Heberlein, chef at Volante Farms. "I use a lot of herbs, especially when they are just freshly picked and you can smell



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food & wine "freshly picked"

them a mile away," he says. Most of the foods he prepares use herbs as well as vegetables grown at the farm. Special Dinner in the Field menus during the summer go even further with multiple courses paired with wine and beer. Last July's menu included roasted beet gnocchi, local pork with pineapple sage jelly and pickled rhubarb, salad with pickled vegetables, pasta with garlic scape and English pea pesto, and dark chocolate zucchini cake with cherries.

Another local source of fresh vegetables is Land's Sake in Weston, where the farm stand sells just-picked produce and also offers Community Supported Agriculture (CSA) shares. The farm does not operate a kitchen but a supper club meets regularly to taste menus prepared with produce from

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PAN-SEARED SCALLOPS WITH MUSSELS AND SWEET CORN OVER LINGUINE Chef Dave Becker, Sweet Basil and Juniper restaurants (from *Thrown Out of an Italian Kitchen: Recipes from Sweet Basil,* by Dave Becker with Anathea Chartrand [Garden Variety Publishing, 2008])

2 Tbsp. olive oil

- Kosher salt and cracked black pepper, to taste
- 1 lb. sea scallops
- 2 cloves garlic, minced
- Pinch chopped fresh rosemary
- 1 lb. mussels, scrubbed
- 1/2 cup white wine
- Juice of 1 lemon
- 1 cup cherry tomatoes
- Approximately 1 cup kernels from 2 ears corn, roasted or cooked
- 1 Tbsp. caramelized onions (see note)
- 3 pinches unsalted butter
- 1 lb. dried linguine
- 2 pinches chiffonade (finely cut) fresh basil, for garnish
- 2 pinches chiffonade (finely cut) fresh parsley, for garnish
- In a large skillet, heat 1 Tbsp. of the olive oil over medium-high heat.
- Season the scallops with salt and pepper, and then sear in the skillet for 1 minute, or until all sides are dark brown. Transfer to dry paper towels to drain the oil.
- Wipe the skillet clean, and then heat the remaining Tbsp. of olive oil over mediumhigh heat. Add the garlic and the rosemary, and sauté until the garlic is partially toasted. Add the mussels, and then deglaze the skillet with the white wine and the lemon juice. Continue cooking for 3 to 5 minutes, until the mussels open.



Gabriella Borges was born in Brazil and emigrated to the Metrowest area at the early age of six. Prior to joining Benoit Mizner Simon, Gabriella worked at Coldwell Banker where she gained expertise in land development and luxury custom homes in Weston, Wellesley and Wayland. She has compiled a

GABRIELLA BORGES

large clientele, from first time home buyers to luxury home builders. Gabriella is an effective communicator who believes in integrity, transparency and honesty. By utilizing the latest technological advances available, she is able to react immediately to her clients' needs and to changes in the market place.

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Land's Sake and other local farms; guests bring their own drinks.

Many restaurant chefs highlight New England seafood on their summer menus. Sewall usually offers fresh striped bass in season. Island Creek's lobster rolls are also popular during the summer.

"Fresh seafood reminds everyone of vacation at the Cape or up in Maine," says Becker, who thinks of seared scallops and other simple seafood preparations as the opposite of a hearty winter dish, such as braised beef. "A cold beer or a cold glass of wine ties it all together."

Add the tomatoes and the corn, and then sauté for a couple more minutes. Swirl in the onions and butter.

• Combine the seared scallops with the mussels, tossing evenly to coat with the sauce. Season to taste with salt and pepper.

Meanwhile, in a large pot, bring 6 quarts of water to a boil. Add a pinch of salt and the linguine, stirring to prevent the pasta from sticking. Cook for 6 minutes, or until al dente. Drain thoroughly.

 Toss the linguine with the seafood, and then evenly distribute among serving bowls.
 Garnish with the basil and the parsley and serve immediately.

Note: To make caramelized onions, thinly slice 2 Spanish onions. Sauté the onions in 1 Tbsp. butter and 1 tsp. extra-virgin olive oil until they begin to brown. Add ½ cup water and continue to sauté until the water evaporates. Add 1 tsp. brown sugar, 1 Tbsp. balsamic vinegar and sauté until the liquid is completely reduced. Season to taste with salt and pepper. The caramelized onions may be made in advance. Store in an airtight container in the refrigerator for up to 1 week.

Serves 4-6





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food & wine "a wine that's really refreshing and light"

Most restaurants offer specific wine suggestions, but wine sellers can help customers who are cooking at home. Rosé, once considered cheap and overly sweet, seems to be making a comeback–especially in dry varieties. "It's the hottest wine category that I've seen since the Malbec boom," says Mike O'Connell Jr., wine director of Needham Wine & Spirits, Post Road Liquors, Upper Falls Liquors, and Auburndale Wine & Spirits. "Most Rosé is a lighter pink, almost rose-gold color, and those tend to be light and go great with shellfish and poultry, but there is also Rosé made from grapes like Cabernet Sauvignon and Syrah, which can hold up to a cedarplanked salmon or even a grilled sirloin."

Among white wines, Steve Pope, manager of the Lower Falls Wine Company, says Sancerre, Sauvignon Blanc, and Muscadet, all from France's Loire Valley, go well with shellfish. "On really hot, hot summer days you want a wine that's really refreshing and light. Vinho Verde, white wine from Portugal, is very quaffable."



WILD STRIPED BASS WITH PARSLEY CREAM

Chef Jeremy Sewall - Lineage, Island Creek Oyster Bar, and Row 34 (from *The New England Kitchen*, by Jeremy Sewall and Erin Byers Murray [Rizzoli, 2014])

For the parsley cream: 1 large shallot, peeled 1 Tbsp. olive oil ½ tsp. Kosher salt, or more to taste 1 cup flat-leaf parsley leaves 1¼ cups heavy cream Freshly ground white pepper, to taste

For the striped bass: 3 Tbsp. canola oil 4 (7 oz. each) striped bass fillets, skin on Kosher salt and freshly ground white pepper, to taste Juice of 1 lemon ¼ cup parsley cream (from recipe below)

To make the parsley cream:

- Preheat the oven to 375 degrees.
- Put the shallot on a piece of foil and coat with oil. Sprinkle with salt, and

tightly wrap the foil around the shallot. Roast for 10 to 15 minutes, depending on the size of the shallot. It should be tender if pierced with a skewer. Put the parsley and roasted shallot in a blender. In a small saucepan, bring the cream to a boil. Turn on the blender and pour in the hot cream. Puree until very smooth, then pour into a small bowl that is set over ice to cool; stir frequently so the puree cools down rapidly. Season with salt and white pepper. The parsley cream can be made in advance. Store in an airtight container in the refrigerator for up to 2 days.

To make the striped bass:

Preheat the oven to 350 degrees.

In a large oven-safe sauté pan, heat the oil over high heat. Season the fillets with salt and white pepper and place them skin side down in the pan. Press down lightly to make sure the fillets are flat in the pan. Sauté over high heat until the skin begins to crisp, about 3 minutes.

Place the pan in the oven and roast for 10 minutes. Remove the pan and carefully flip the fillets. Drizzle lemon juice over each fillet. To check that the fish is cooked through, carefully insert a skewer into the flesh; if there is light resistance, the fish is cooked.

To serve, place each bass fillet over a spoonful of parsley cream and a small portion of ratatouille (a French-style vegetable stew of zucchini, yellow squash, bell pepper, onion, garlic, and tomato).



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GRILLED CHICKEN WITH TOMATO CHUTNEY

Chef Todd Heberlein, Volante Farms

2 lbs. boneless, skinless chicken breasts

- 4 Tbsp. olive oil
- 1/2 cup chopped scallions
- 2 Tbsp. lime juice
- Black pepper, to taste
- 11/2 Tbsp. chopped fresh ginger
- 1½ Tbsp. chopped garlic
- 1 tsp. garam masala (Indian spice mixture available at supermarkets)
- 1 tsp. chili flakes
- 1/3 cup cider vinegar
- 3 lbs. tomatoes (the farm uses a variety of homegrown heirlooms), chopped
- 1/3 cup granulated sugar
- 1 Tbsp. chopped fresh cilantro
- Salt, to taste

Place the chicken in a bowl. Mix together 2 Tbsp. of the olive oil, half of the scallions, the lime juice, and a pinch of black pepper. Pour over the chicken and toss to coat. Cover and let marinate in the refrigerator for 4 hours.

Heat the remaining 2 Tbsp. of olive oil in a large pot over medium heat.
Add the ginger, garlic, and remaining scallions, and cook for 1 minute.
Add the garam masala and chili flakes and cook for 30 seconds. Add the vinegar and tomatoes and simmer for 20 minutes. Add the sugar and continue to cook for another 20 minutes. Remove from the heat. Stir in cilantro and salt to taste. The tomato chutney may be served hot or cold.
Preheat the grill. Remove excess marinade from the chicken and season it with salt. Cook on the grill (cooking time will depend on the thickness of the chicken breasts). Slice and serve over lettuce, rice, or vegetables.

Serves



LAND'S SAKE TOMATO CROQUETTES

(This appetizer was adapted from a recipe posted by Emily Elizabeth, RD on the Land's Sake blog)

5-10 lbs Land's Sake paste (or Roma) tomatoes

- 1/4 Land's Sake onion, such as Ailsa Craig, Pontiac, or Red Bull, diced
- 2 cloves garlic, chopped
- 1/4 cup olive oil

Chopped fresh herbs, such as thyme and Italian parsley, to taste Salt and pepper, to taste

- and peppel, to taste
- 1 baguette, sliced and toasted (the recipe uses a loaf from Nashoba Brook Bakery)
- Shredded mozzarella cheese, optional
- Preheat the oven to 300 degrees. Lightly grease a baking pan with vegetable oil.
- Cut each tomato in half and remove the core.

In a small bowl, combine the onions and garlic with the olive oil. Add the herbs, salt, and pepper.

- Lay out the tomatoes on the baking pan. Sprinkle the olive oil mixture over the top.
- Roast for about 1½ hours, until the tomatoes are starting to brown.
- Let cool and blend in a food processor or blender, leaving the mixture a bit chunky.
- Place a dollop of the tomato mixture on the individual pieces of toasted bread. Sprinkle with mozzarella cheese, if desired, and serve immediately.

Serves 4-6 as an appetizer

Some red wines even work well during the summer. Many can be chilled in the refrigerator for about 15 minutes before serving. Pope recommends "good Beaujolais, not the tutti-frutti stuff" or a Loire Valley Cabernet Franc, Chinon, Pinot Noir, or Red Burgundy.

"I do tons of grilling in the summer and most of those robust, charred flavors make red wines sing," says O'Connell. His favorites both come from Italy: Dolcetto from the Piedmont region and Lambrusco from Emilia Romagna. "Don't think about the cheap jugs of sticky, sweet Lambrusco that you grew up with. These are dry, slightly fizzy, bold reds that are meant to be served chilled," he says. He serves Lambrusco in chilled Mason jars with a huge charcuterie spread of cheeses, paté, and sliced ham.

Nothing could be simpler than the menu that O'Connell suggests, but these recipes give you many other options.


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about town

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Wellesley Historical Society Holiday Reception





1 Joan Benzie and guest 2 Catherine Johnson, Martin Padley, and David Wright 3 Melissa Padley, Stanley Pratt, Christine Mayer, and Burkey Pratt 4 Erica Dumont and Nan Morrow

Neiman Marcus Beauty Event





1 Marcy Haber and Matt Traiger 2 Ashley Rodrigue and Marcy Haber

Wellesley Library Mini Golf Event













нотоз

1 Lindsay Carroll and Barbara Kaufman 2 Jane Neilson (center) with daughters Grace and Samantha 3 Abbey Mui, Tess Buckley, and Sinclaire Vandervoort 4 Kathy Macdonald and Elizabeth Powell 5 Meilani Ching and Nicole Svingen 6 Alex Doe and Matthew Tufankjian



about town (continued from page 180)

For more information on these events and additional photos, visit wwmblog.com

SPRING AWAKENING Copley Artists at Dayton Home



1 Kathy Scadden, Lynn Dayton, Peggy Baseman, Ellen Granter, and Sue Cahill 2 Deborah Quinn Munson, Melanie McGraw, and Guest 3 Guests 4 Jared Bowen and Jamie Parker 5 Suzan Redgate, Jill Mead, and Elaine Mangum



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Kingsley (center) with Tobey Grey sales associates 2 Carole Brodrick and Maureen Wooster 3 Carol Conway and Susan Crossley 4 Rachel Roberts Dori, Ali Pellerin, and Susan Kingsley



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about town (CONTINUED FROM PAGE 182)

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Needham Bank Speaker Series





1 Bill Darcey, SuSu Aylward, Eric Morse, Sarah Tesorero, and Erica McLaughlin 2 Jim Jones (right) and wife 3 John DiNatale

Wellesley Chamber Business Recognition Awards Dinner













1 Adam Meltzer and Patty Mak 2 Maura O'Brien and Siobhan Conlon 3 Daisy Siddiqui and Soheila Shafai 4 Jamie Deardon and Dr. Julie Graves 5 Peter Katsikaris, Maria Katsikaris, and Brian Sullivan 6 Bryan Christensen and Brian Stewart 7 Marsha Vahey, Lillian O'Bryan, and Lisa DiGiandomenico

Wellesley Library Author Series





1 Georgianna Donadio, Joanie Geltman, James Witfield Thomson, Rita Wolfson, David Ostrowsky, and Anne Nydam 2 John Fields, Rose Doherty, Paula Young Lee, and Lorenze Finison



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Julie Fund Gala



1 Ann Delduchetto, Yoori Lee, and Laura Dubin 2 Cheryl LaMee and Peter McAvinn 3 Molly Aitken, Mary Wilson, Jeanette Gruber, and Becky lvey 4 Brett and Gena Barenholtz 5 Sandy and Ted Joseph 6 Annie Dempsey and Ann Delduchetto 7 Billy and Meredith Starr

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Couture on Church Square Featuring Susu Bakery, The Candy Bar, and Haberdashery New England







1 Marsha Rodman, Jerry Rodman, Wendy George, and Vita and Alexandra Melignano 2 Candace Evans-Lucas and Crystal Evans 3 Jerry Rodman, Marsha Rodman, and Mark Iwicki



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Winterfell Fashion Meets Art Trunk Show





1 Katharine ReQua, Carolyn Beckedorff, and Libby Silvia 2 Bob Stevenish and Katharine ReQua

STEM Expo







1 Kristen Toffer 2 Julia de Peyster 3 Sue Sours and Rama K. Ramaswamy 4 Linda Chow, Dr. Sheila Nirenberg, Marybeth Martello, and Beth Anne Willett



Wellesley Weston Chabad's Purim Bash







Visit the WellesleyWeston Magazine Blog

To post a comment or view expanded coverage of these events, calendar listings, and conversations for the people who make things happen in Wellesley and Weston, visit **wwmblog.com**.

Do You Have An Event You Want Us To Showcase? Please send your photos and descriptions to: **jill@wellesleywestonmagazine.com.** Email submissions only please; jpeg photos are welcome at a minimum size of 3" x 4.5" at 300dpi.

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To Live or Dive

T.J. PALMER writer

barefoot and brave, with Coppertone-lathered backs, those of us who grew up in the Kennedy and Carter eras will remember the famous high dive at Morses Pond in Wellesley. It jutted skyward to serve as a monument of our manhood or an edifice of our failure.

Our only hope of success was Mr. Pike, the head swimming instructor, who marched us young charges through the official YMCA swimmer's stages like a man possessed. He knew the human body could at least float, so he took care of the rest. Our first stage of learning to swim was head-dunking in kneedeep water, and our last stage meant fashioning our pants into life preservers.

Sandwiched in all this mayhem was the coveted milestone of hurtling oneself off the high dive.

With enormous height provided by a gigantic, metal ladder, the scariest part of the high dive was the board itself; long and bouncy, wet and slippery, its narrowness teetered over the deepest part of the pond. The board taunted all comers to turn back.

After scaling the ladder, you haltingly inched your goosebumped body along the narrow board toward certain death, while simultaneously battling thirty-mile-per-hour crosswinds. The rest of the class, shivering from the wind and the fright, just like you, formed a line blocking all escape. It was either glorious victory or agonizing defeat.

At that point, Mr. Pike made eye contact with you from his position at the end of the board. He told you to bend your knees as he gently countered your initial reluctance with a gentle "slap on the back." Naturally, gravity kicked in and you headed toward splashdown like the reentry of a rocket ship. For those frozen in a catatonic state, he grabbed you by the armpits and dropped you off the board without a word. If anything, he was decisive and quick.

When you hit the water your swim trunks shot up to your armpits and water blasted up your nose. You could feel the cold increase as you headed downward toward mucky doom. It was one bubbly mess, but once you scrambled to the surface you realized two things: you hadn't drowned, and you had conquered the unthinkable – the high dive!

Proud as a peacock, with the strut of a lifeguard, you could only hope that everyone on the beach and in the surrounding galaxy had borne witness to your triumph. For that summer afternoon, at least, you could conquer anything.

This summer, go find a high dive and a Mr. Pike of your own.

T.J. PALMER is a freelance newspaper writer and history teacher who once roamed the waters of Morses Pond but now swims and dives regularly in New Hampshire's Lake Winnipesaukee.

Be Creative This page is designed to give our readers the opportunity to express themselves creatively. If you have a short piece of fiction (300-500 words), a poem, illustration, or photograph depicting life in Wellesley and Weston, we would love to hear from you. Please email your submissions to jill@wellesley-westonmagazine.com.



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